



TRUEXCLUSIVES

We don't want to say our competitors all offer the same packages. You know what, scrap that. They all offer the same packages. Our tours, on the other hand, give you a selection of unique experiences that you won't find anywhere else. Experiences that we have created to make sure your trip is one of a kind

TRUNINJAS

We refer to our guides as Travel Ninjas because they're badass mo fo's! They'll move heaven and earth to make sure every experience is at least 136x better than you expected. It's like travelling with a bunch of your mates, but one of them just happens to know where they're going. They're a great storyteller, party starter and an all-round legend! Don't believe us? Check out our 5* reviews.

TRUFAM

It's never over. You'll forever be part of our TruFam - a group of fun-loving legends from around the world who share our love of travel, culture, and very strange jokes. That's right, book with us and we've forever got your back, and yes, we expect invites to weddings, birthdays and bar mitzvahs.

TRUCOLOURS

This might sound a tad soppy, but, when done right, travel makes the world a better place. Lot's of companies say they care but do they actually? It's not a PR stunt for us, we give a shit big time but feel like fun does not need to be compromised by doing good. We do both! It's about giving back, reducing our footprint, and spreading love and wealth to the communities we visit whilst having the time of our lives!. We show our TruColours in everything we do.

TRUFLEXIBILITY

Here at Tru, we're all about the flexibility. And no, that's not because each of our Travel Ninjas can effortlessly pull off the lotus position. It's because we offer low deposits, easy-to-manage payment plans, and flexible date changes. That gives you more time to sit, cross-legged, calendar in hand, counting the days until your trip. Y'know, important stuff.

TRUINCLUSIONS

We believe that when you book a trip, you shouldn't then have to busk outside the local supermarket just to afford the activities that were listed in small print as 'not part of the package'. We include bucket list activities, all accommodation, and transport, so the only time you'll get stung on our tours is if you accidentally sit on a jellyfish.

TRUSTORIES

Travel impacts the lives of everyone it touches. And each of those people have incredible stories to tell. That's why, when people book with us, they're not just arranging a trip to a foreign land. They directly impact the lives and stories of our Tru Family whilst, and having an amazing time, creating their own TruStory. What will yours be?

TRUFRIENDS

Now, we're not calling you Billy No Mates, but you'll make friends for life when you travel with us. If you are, in fact, a Billy No Mates, book with us and you'll soon be Billy Lots of Mates. Jokes aside, the bonds we form on our trips is at the core of what we do here at Tru. Because we believe that Travel isn't just about the places you go, it's about the people you meet.







FLASHPACKIIR FLASHPACKIIR FLASHPAC

CLASSIC CLASSIC CLASSIC CLASSIC CLASSIC

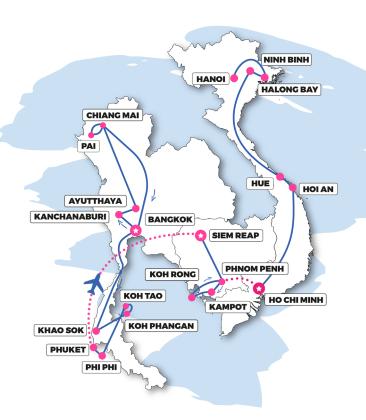


Built for backpackers by backpackers. They're exactly that. If you're picturing adventures of a lifetime, golden sandy beaches and crystal clear waters, epic parties and incredible Tru-ly one of a kind activities then well, you're on the right track. Our Classic trips feature the very best of each country and destination without costing the world. From must-see highlights and hotspots to off-the-beaten-path hidden gems and home stays, our TruExclusives ensure you don't miss a thaaang. With a huge range of accommodations, from hotels, hostels, homestays, beach huts, and even boats, our classic tours have perfected the ultimate backpacker experience. Maximum adventure, minimum hassle is our vibe. Think a Ferrari for the price of a Ford. You're welcome.



Are you ready to take your travel experience to the next level? If you've already immersed yourself in the backpacker lifestyle and are now seeking a more refined journey, then Flashpacker is the ultimate choice for you. It's the evolution of your travel style! We've curated the best elements of our Classic tours and elevated them with Instagram worthy accommodation, sleek and fast transportation, and 'OMG is that real' activities. If you've moved beyond the typical hostel vibe and are ready for the next step in your travel journey, Flashpacker is here to welcome you with open arms. Picture the epic vibes that come with backpacking, now infused with a boujee twist. It's like "ballin' on a budget". Embrace the adventure while indulging in a little extra luxury. Welcome to the world of Flashpacking!

CLASSIC CLASSIC CLASSIC CLASSIC CLASSIC



MULTI COUNT

Ready to take that big trip? The world is waiting for you! Sit back, relax and let us sort it for you, that's where multi-country tours come in. Choose from our range of multi-trips and leave all the logistics to us - from transfers and flights to accommodation and everything in between. We've got you covered. Dive into our 50 day Total Asia tour, 26 day Total Indonesia or any of our other multi country trips for the ultimate backpacking adventure. Multi country tours take away the stress of planning your trip. You get yourself to point A and we'll get you to B, C, and D. No Stress.

SAILVENTURES SAILVENTURES SAILVENTURES



C'mon everyone's wanted to live on a boat, lay on top of the deck with the sun beaming down, beer in hand as you sail to your next destination just once right? Forget the hassle of continuously packing and unpacking. The long transfer times, the chaos of traffic and uncomfortable ferries or buses. Our SailVentures will have you at ease as we island hop from one stunning destination to the next, sailing into scenic ports or docking up in crystal clear waters just a stone's throw from golden sandy beaches. Spend your days exploring incredible cities and coastlines and your nights partying under the stars. Get ready for an exhilarating blend of action, exploration, adventure, and pure sailing bliss. Indulge in the ultimate boat life with TruExclusives, unforgettable Floatilla parties, and endless days on picturesque beaches. Trust us, life is better on a boat!

SKII & APRÌS SKII & APRÌS SKII & APRÌS SKII & APRÌS



Introducing our 'cool' travel style, Ski and Après! Where we're swapping sandy beaches for snowy slopes in a whole new destination. It's time to embrace the thrill of skiing, learning new skills, and indulging in epic après-ski parties. Get ready for an unforgettable adventure that'll have you sliding down the slopes and partying like there's snow tomorrow! This trip is bound to be a memorable one, and we're not just saying that. It's S'no'w joke! Join us on this exhilarating skiing tour, as our experienced guides lead you through pristine trails, ensuring both beginners and experienced skiers alike can make the most of the snowcovered wonderland. With cosy lodges and breathtaking mountain views, this is more than just a vacation—it's a frosty escapade into the heart of winter magic.



AT TRUTRAVELS WE BELIEVE THE TRAVEL INDUSTRY HAS THE POTENTIAL TO CHANGE THE WORLD FOR THE BETTER.



Our vision is to unite people, companies and charities from all walks of life, with the common goal of reducing the current global equality divide. We feel, no matter where you are from, everyone has a social responsibility to help make the world a better place. Because of this, we source suppliers from local businesses and continue to employ as many local staff as possible to ensure the money goes back into local communities we have the pleasure of travelling in.

£4,800

MONEY RAISED THROUGH FUNDRAISERS

130 TONS

CARBON NEGATIVE

£17K

MONEY DONATED
THROUGH PPP TO
CHARITY PROJECTS

157K

TREES PLANTED



As our main goal is to change the lives of as many people as we possibly can through travel we decided it was time to take it one step further; that's when we came across Charity Water.

Charity Water helps to provide clean drinking water to communities in need all around the world. Currently, 771 million people lack access to clean water, impacting their health and quality of life. By allocating 1% of our revenue to water projects around the world, like handpumps in Mozambique, we're creating lasting change, empowering communities and providing a long-term solution. This means that every booking with TruTravels Tru-ly does make a difference, from improving health, food access, local economies, and education for those who really need it.





As much as we love making a positive change through travel we believe it is just as important to look after the world we live in. Becoming more eco friendly has been a huge focus for us and that's why in 2021, we partnered with Ecologi.

Ecologi is the forefront in climate change meaning you can become climate positive & carbon neutral with just the click of a button. Wild right?! The best part, they show you exactly what you're doing to make that change. Down to the species of tree they're planting and the exact location in the world they're planting it, so we can really, Tru-ly see the difference ourselves and our TruTravellers are making.





We've partnered with the 'Bali Street Mums Project', a charity that supports women and their families to a better life. Not only do they aid mothers and their children who have been begging on the streets and give them refuge at a safe house -they teach the mothers skills so that they can earn a living and not take their children back to the streets to beg. 100% of the money raised during our fundraisers goes back to mothers and their children, and their workshops which are run by the families they've helped. They also educate the children, so they grow up with the means to break the cycle. By saving families once, they're empowered to sustain themselves for generations. We work with Bali street mums for fundraiser events, charitable donations but also bring selected groups to purchase small items and souvenirs made by the mums. An incredible charity Tru-ly close to our heart.







PEOPLE SPLANET PROMISE

After 10 years of delivering epic life-changing experiences to our TruTravellers, we want to imbed doing good into everything we do. That's why we introduced the 'TruTravels People & Planet Promise'. We're dedicated to taking on the responsibility of being the positive change we want to see in the world. We have set ourselves 3 main goals that we want to make openly available to show our commitment.

We are adopting a multi-stakeholder approach, to help save the planet and improve the lives of everyone, from customers & employees, to suppliers & local communities. Our aim is to be transparent on everything we have achieved so far across the whole company so that as we grow, the positive impact we have on the world will increase exponentially.

- ♦ We will plant trees to offset all internal TruTravels flights and give customers the opportunity to do the same when booking
- Give 100k+ TruTravellers the time of their lives whilst opening their eyes to new cultures and peoples
- All tours must score 75+ on Ripple Score to ensure that at least 75% of our cost of goods sold stays in the communities in which we travel
- ♦ We will continue to implement on tour and off tour fundraising initiatives to raise money for people and planet (My Own Room Auction, t-shirt sales, events, challenges etc.)

STY COMES

OT CHANGE 250K LIVES

Our first main goal is to positively change the lives of 250,000 through travel, including staff, customers, suppliers and communities. We aim to do this by employing local tour guides in the countries we travel to and ensuring they are paid above the national living wage.







02GO CARBON NEGATIVE

Our second goal is to ensure that ALL operations are carbon negative from 2023 and to plant one million trees by 2030 to reduce our environmental impact in relation to our business growth. This will be achieved by working with all of our suppliers to reduce their waste and carbon footprint. We will plant trees through Ecologi for every customer that travels with us, as well as offsetting the carbon emissions our customers produce on our tours, staff internal flights and operational carbon footprint.





Q3 RAISE ONE MILLION FOR OUR COMMUNITIES

Our final goal is to generate one million for our People and Planet to help reduce inequality where most needed. Some of our most recent work includes supporting the Bali Street mums project. An incredible organisation that supports local mums and their kids so they have all the necessities they need and no longer need to beg on the streets.

We are also working on building an education centre in the Philippines and so much more all across the world.







VALUES

Every individual holds beliefs and values that shape who they are. At TruTravels, we embody our TruValues in every step we take, from conceptualising new tours to the moment you embark on an adventure with us. We don't settle for average; our tours aim to benefit all, creating opportunities for both travellers and local communities. We live the dream, have the time of our lives, and we do it all with a sense of togetherness, like one big TruTravels family. These values define us and guide us in everything we do.



WE DON'T DO AVERAGE

We only do mind-blowingly awesome. We pride ourselves on excellence and go over and above to provide life-changing experiences for all our customers every time. We are always striving to innovate and improve our services and our trips so we can provide the best value for our customers and all of those involved.





ARE FAMILY



At Tru, our people are the heart and soul of everything we do. Family is the foundation TruTravels was built on. We work, play and party and adventure together. The TruFam is a remarkable group of individuals who wholeheartedly embrace our mission of spreading positivity and making a difference through travel. We're all about connecting people from every corner of the globe, and anyone who joins us on tour becomes a part of the Tru Family for life.



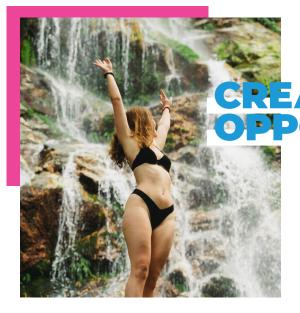


Love what you do and you will never work a day in your life. Fun is built into everything we do; if we are not enjoying ourselves, then we cannot provide the best experience for our customers. We aim to inspire people to live the dream and make every day a positive, impactful one.

FOR THE BENEFIT OF ALL

We do what we do for the good of our customers, staff, partners and the communities where we work. We want to make the world a better place, whether that's by spreading good vibes & making people happy or by helping development in areas that need it. We believe travel should be used as a force for good.





We are committed to creating long lasting moments that will redefine joy for our customers, empower our staff to reach their full potential, and foster partnerships that uplift communities. Together, we can make a lasting impact and create a world where everyone thrives.



READY TO PACK YOUR BAGS, EXPLORE AND SEE THE WORLD?

We're about to drop some serious travel wisdom on you, so brace yourself. Get ready to plug into the ultimate travel hack: our Travel Bundles – the holy grail of travelling. Whether you're looking to spread out your adventure or have some plans already, we're right there with you, ready to turn your travel dreams into reality.

Plan your travel in between from one country to another and we'll cover the rest! That's all activities, accommodation, some meals and transportation, making your adventure that little bit easier for you to plan. We've cracked the code on making adventure planning a walk in the park. And here's the real bonus: you'll get a slick **5% discount** when you book two or more trips. That's right, you don't need to break the piggy bank this time.

Picture this, immersing yourself in the enchanting aura of Thailand, venturing through the lush jungles of Borneo in pursuit of its diverse wildlife, delving into Cambodia's rich history and delectable cuisines, basking in the sun-drenched golden sandy beaches of Australia, and journeying to any destination your heart Tru-ly desires. Bundle your tours together and do just that.

BUNDLES

A combination of our individual tours packaged for a discounted rate. Does not include transfers between destinations.



MULTI COUNTRY

A single tour covering multiple contries including all transfers between destinations





3 COUNTRIES 31 DAYS BUNDLE

Thailand Experience pg. 16 Cambodia Explorer pg. 24 Vietnam Explorer pg. 24

Prices from \$5320



5 COUNTRIES 49 DAYS BUNDLE

Thailand Experience pg. 16 Bali Experience pg. 30 Philippines West pg. 26 Cambodia Explorer pg. 24 Vietnam Explorer pg. 24

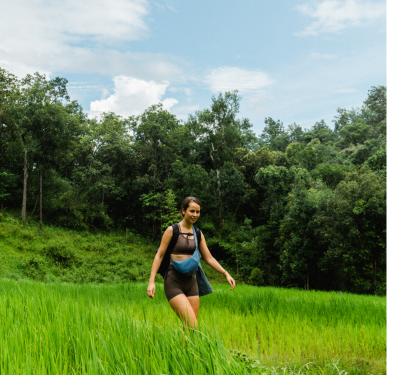
Prices from \$7576



8 COUNTRIES 118 DAYS BUNDLE

Sri Lanka Uncovered pg. 34
Bali & Beyond pg. 31
Total Thailand pg. 19
Cambodia Explorer pg. 24
Philippines Island Hopper pg. 27
India Uncovered pg. 34
Vietnam Explorer pg. 24
Borneo Adventure pg. 36

Prices from \$21,930



MULTI COUNTRY

Ready to blow the lid off your travel game? The world is waiting for you! So, pause the endless scrolling, take a moment to catch your breath, and buckle up, because we're about to drop an absolute travel bomb on you. We're diving deep into the most jaw-dropping travel solution ever: our legendary multi-country tours. Forget that whole "adulting" thing because we're stepping in as your official adventure architects. You won't have to worry about stressful transport between countries, or where to go next! We have got your back.

Our mind-bending multi-trips will send your travel plans soaring off the charts! Those days of freaking out over how to get from point A to Z, what you'll do tomorrow or where the heck you'll crash each night? Yeah, those are officially over.

WE'VE CRACKED THE ULTIMATE TRAVEL CODE!

Drum roll, please! Introducing our 50 Day Total Asia extravaganza, the 37 Day Discover Asia whirlwind, and the 23 Day Cambodia & Vietnam Explorer all tailor-made for backpackers looking for those once in a lifetime experiences. Total Asia will transport you across Thailand, Cambodia and Vietnam, with tuk tuk tours, cooking classes, ziplining and ocean exploring. Do you want the full backpacking experience? Well that's what you'll get with this full-throttle adventure! Strap in cause we're going all in! This lifechanging trip has everything you could want and more!





Our Discover Asia is slightly shorter than Total Asia but still full to the brim with epic moments throughout our route of Thailand, Cambodia and Vietnam! Who wouldn't want to become an expert in Muay Thai, watch the sunrise above the legendary Angkor Wat and cruise around Halong Bay? Discover the Tru Asia.



Ticked Thailand off your bucket list already? Well, join us in Vietnam and Cambodia on a multicountry trip that highlights the best of the rest of South East Asia! With bamboo basket rides, lantern making and endless stunning viewpoints this Asian adventure is not one to skip!



Fancy seeing India and Sri Lanka? Well, lucky you! Our 23 day India and Sri Lanka Uncovered is the perfect blend of culture, beauty and incredible nature. India and Sri Lanka are two countries full of bucket-list ticking moments and Tru-ly incredible memories. So, what's stopping you? We'll see you at the airport!





ASIA &OCEANIA

ce

- Thailand Escape
- Thailand Island Hopper
- Northern Thailand Adventure
- Total Thailand
- Full Moon Experience
- 20 Northern Thailand & Full Moon
- Full Moon Island Hopper
- Full Moon Party Pack
- Northern Thailand & Beaches
- Discover Asia
- Vietnam Explorer
- Cambodia Explorer
- Cambodia & Vietnam Explorer
- Philippines East
- Philippines West
- Philippines Island Hopper
- Philippines Flashpacker
- Bali Bliss
- Bali Experience
- Komodo Island Hopper
- Bali & Beyond
- Sumatra
- Sumatra & Bali
- Total Indonesia
- India Uncovered
- Sri Lanka Uncovered
- India & Sri Lanka Uncovered
- Borneo
- Maldives Sailing Adventure
- Legend of Japan
- Aus Epic East Coast



Chao Phraya River cruise • Wat Arun temple visit • Wat Pho temple visit • Thai massage • Overnight train • Floating Bungalows • Kayaking & tubing • Bottle Beach • Muay Thai lesson • Koh Phangan boat trip



ACCOMMODATION

7 Nights Twin Shares Floating bungalows



MEALS

3 x Breakfast 2 x Lunch

€

TRU EXCLUSIVE

Spend the night at Bottle Beach



DEPARTURES PER MONTH







DAY 1

You've landed in bustling Bangkok, congrats - hope the jet lag isn't too bad! Get settled, meet the rest of your group and meet your fellow TruTravellers. In the evening, it's time to explore and where better to head than the world famous Khao San Road for some tasty street food and a bucket or 2.

DAY 5

We're about to introduce you to our best-kept secret, Bottle Beach! We will relax here for the rest of the afternoon, enjoying some volleyball, sunbathing and swimming. In the evening we'll head out for dinner & plenty of cocktails on the beach with our own private fire show.

DAY 2

Today we'll make our way along the Chao Phraya River, where you'll explore Bangkok & experience some of Thailand's heritage whilst visiting two prestigious temples. The rest of the day is free for exploring and we will meet in the evening for dinner and of course a big Thai night out, Tru style!

DAY 6

Take it easy and don't rush yourself this morning, make the most of your incredible surroundings. This afternoon we will all try our hand at Thailand's national sport - Muay Thai boxing and unleash our competitive sides! Afterwards we head to our next stop, Koh Phangan! where the vibes and cocktails are unmatched.

DAY 3

Ease off the hangover with a massage before jumping aboard the sleeper train for the night. Which is an experience as authentic as it comes! Watch the busy city life fade away as we replace it with the striking jungle scenes of Khao Sok National Park.

DAY 7

Today is the day to scope out the underwater world of Koh Phangan, snorkelling along colourful coral reefs and swimming the crystal clear waters of this tropical island. We'll stop off at some of the best beaches too before returning for a TruFam farewell dinner and hitting the beach bars for one final big night out.

DAY 4

We'll check into our floating bungalows, grab a beer and relax, this spot is paradise! Try your hand at some kayaking or chill with a beer in a rubber tube in front of the stunning backdrop of the surrounding limestone mountain range. Khao Sok National Park brings the serene off the beaten path vibes and is TruTraveller favourite!

DAY 8

Today is a chilled check-out day. But that doesn't mean this is goodbye forever. We're on hand to plan the next legs of your Thailand adventure, whether you want to continue the party in Koh Phangan or need help getting home safe, we've got your back!



Bangkok Sky Bar • Elephant Sanctuary • Spa treatments • Phra Nang Cave visit

• Phi Viewpoint • Promthep Cape • Sunset Kayaking • Rock climbing lesson • Grand Palace

ACCOMMODATION

8 Nights Twin Shares Hotel Rooms

8 x Breakfast

BUCKET LIST Sunset kayaking



DEPARTURES PER MONTH

PHI PHI







DAY 1-2

Arrive in Bangkok, the land of smiles and the start of the best 9 days of your life. After relaxing on our first day, we will spend our second day at the dazzling Grand Palace and immersing ourselves in Bangkok's culture before heading for an epic evening up Bangkok's most famous sky tower for jaw dropping views of the city.

DAY 6

Today we're island hopping. We will sail the turquoise blue waters and speed through the emerald green scenic views. We'll visit the gems that are Monkey Island, Viking Cave and Pileh Lagoon. We'll spend the day snorkelling, swimming and topping up our tans as we sail with the wind in our hair. Perfect.

DAY 3

Today we bid farewell to Bangkok and head to Railay! We'll catch a flight in the afternoon and check into our stunning hotel. Relax by the infinity pool surrounded by limestone mountains. In the evening we will head for a magical sunset kayak and venture into the hidden gem of Phra Nang Cave.

DAY 7

Say goodbye to Phi Phi as we catch a ferry and minivan to beautiful Phuket. It's a free afternoon to spend as you please! From action to relaxation, Phuket's got it all, your Travel Ninja is on hand to point you in the right direction for activities, shopping or whatever you fancy. We've got a big day tomorrow, so let's unwind.

DAY 4

Rise and shine! This morning we are taking a hike up to one of Thailand's most famous viewpoints. The views are so worth it when you get to the top! You'll spend the rest of your day rock-climbing limestone cliffs. In the evening we hit up the best beach bars for a well-needed and deserved cocktail or 2.

DAY 8

Let's get wild. Today we visit an elephant sanctuary and learn about Thailand's national animal. The elephants here are free to roam and aren't here for the entertainment of tourists. We'll learn their stories and how the protection of elephants are at the forefront of everything the centre does. Afterwards we get ready for a big farewell night out.

DAY 5

Phi Phi is calling. Welcome to Tru paradise. Phi Phi is known for its stunning viewpoints, golden beaches and popping nightlife. The afternoon is free to grab a cocktail by the pool, hit the beach or explore the local markets. Late afternoon we'll hike Phi Phi's best viewpoint before grabbing dinner, drinks and hitting the beach for a party!

DAY 9

Have a chilled morning, it's been an unreal 9 days of exploring Thailand in Tru comfort and style. All good things must come to an end but your Travel Ninja is on hand for and any onward travel plans you may have, or even an impromptu sadness induced hug. All the important stuff.



Bangkok river cruise and temples • Thai massage • Overnight train • Khao Sok National Park • Floating bungalows • Cliff jumping • Boat trip & snorkelling around Koh Phangan • Bottle Beach bungalows • Muay Thai lesson • Phi Phi Islands boat trip

ACCOMMODATION

13 Nights Twin Shares Floating bungalows

MEALS

6 x Breakfast Bottle Beach 1 x Lunch

(☆)

TRU EXCLUSIVE

Spend the night at



DEPARTURES PER MONTH

DAY 1-3

Arrive in Bangkok and explore the temples, cruise along the river and experience a ride in a tuk tuk! We'll then travel down to the stunning Khao Sok by overnight train, a backpacker rite of passage and a Tru local experience.

DAY 4-7

Now if we had a list of the 7 Tru Wonders of the World, Khao Sok would be on it. Swim, kayak and relax in the beauty of Khao Sok before heading to Bottle Beach for even more chilled beach life vibes. Next stop - Koh Phangan for Island boat trips and Muay Thai lessons! Let's do this!

DAY 8-10

We're off to Koh Tao! Our days are spent snorkelling, hiking to beautiful viewpoints and of course enjoying the island's incredible food and nightlife. Spend the afternoon by the pool, exploring the town or just chilling on the beach. Complete island bliss.

DAY 11-14

Our final days will take us to the party island of Koh Phi Phi. We'll explore on a long tail boat trip, hike the famous viewpoint and hit the beach at night for a bucket or 2 before heading to our end destination of Phuket! Phuket is the perfect place to end our trip in style!



Fancy an unforgettable 14 days? Well, you're in the right place. A 14 day adventure with a jam-packed itinerary swimming in hidden waterfalls, ziplining through the jungle and even staying overnight with a local hilltribe. Get up close and personal with elephants, laugh till your stomach hurts as you take on the Grand Canyon or dive into Thailand's culture and cuisine with temple visits and local cooking experiences. Experience everything the north has to offer on this unforgettable 14 day trip of a lifetime.

WHAT'S INCLUDED

Taling Chan Floating Markets • Erawan waterfalls • Bike ride around Ayutthaya ruins • Chiang Mai

temples • Hill tribe homestay • Elephant sanctuary · Hot springs and waterfalls in Pai · Lod cave · White Buddha temple • Thai cooking class

ACCOMMODATION 13 Nights

Twin Shares Hotel Rooms

MEALS

8 x Breakfast 5 x Lunch 2 x Dinne

TRU EXCLUSIVE

Jungle trek & hill tribe homestay



DEPARTURES PER MONTH



DAY 1-4

The first days are spent between Bangkok and Kanchanaburi. We'll hit the famous Khao San Road before travelling north to experience floating markets, the River Kwai and the cascading Erawan waterfall. Absolute bliss. Grab your swimmers, we're going for a dip!

DAY 5-7

In Chiang Mai, we'll visit some majestic temples, experience a one-in-a-lifetime hill tribe homestay and spend time at an elephant sanctuary. These gentle giants are truly incredible! This is a once in a lifetime experience, a memory you'll cherish forever, no doubt!

DAY 8-11

After a zipline through the jungle we head to the quirky town of Pai to chill out in the hot springs and visit Pai Canyon for incredible panoramic views. Filled with retro bars, market stalls, excellent food and wonderful people from all walks of life, Pai is a must visit when travelling to the north of Thailand.

DAY 12-14

Time to get cooking! We'll slice and dice in a local cooking class as we learn how to prepare some of Thailand's staple dishes and of course, we have to devour our masterpieces. Next stop - Chiang Mai's Grand Canyon! An adult adventure waterpark. There are countless slip and slides, inflatable courses, and paddle boards at the ready! Let's do this!



Taling Chan floating market • River Kwai boat cruise • Erawan waterfalls • Bike ride around Ayutthaya ruins • Chiang Mai temples \bullet Jungle trek and hill tribe homestay

• Elephant sanctuary • Hot springs and waterfalls in Pai • Lod cave • Thai cooking class • Bangkok river cruise and temples • Thai massage • Overnight train • Khao Sok National Park & floating bungalows • Boat trip and snorkelling around Koh Phangan • Bottle Beach

bungalows • Muay Thai lesson • Phi Phi Islands boat trip

ACCOMMODATION

26 Nights Twin Shares Floating Bungalows Hill Tribe home stay

9 x Breakfast 4 x Lunch

1 x Dinner

TRU EXCLUSIVE

Night at Bottle Hill Tribe home stay













DAY 1-3

After landing in the vibrant city of Bangkok, you'll have a chill start and explore the local area with your new TruFam! We'll visit the famous Khao San Road and local temples before we travel to our next stop, Kanchanaburi. From floating markets, to a 7-tier crystal blue Erawan Waterfall, the views are unbelievable and are the perfect start to our northern Thailand adventure.

DAY 14-17

It's time to head back to Bangkok via overnight train. Once back in the city of lights we'll jump in longtail boats along the Chao Praya river to see a different side to the city before heading south! First stop, idyllic Khao Sok National Park for emerald green waters surrounded by limestone mountains. Bliss. A Tru disconnecting experience as we stay in floating bungalows and kayaking through the serene lake with a beer or 2 in hand

DAY 4-6

Immerse yourself in the culture by cycling around the ancient capital city of Ayutthaya before packing your bags to take the overnight train to Chiang Mai! We'll see the most beautiful and famous temple, Wat Pra Maha Doi Sutthep that has stunning panoramic views. Soak in the views before we start our trek into the jungle to stay with a local hilltribe.

DAY 18-21

From beach bars in Koh Tao, to snorkelling in Koh Phangan, we'll be living our island hopping dreams! You'll experience a TruExclusive with an overnight stay at Bottle Beach, a hidden gem on the island of Koh Phangan. We'll have a private fire show and watch the sun go down with the TruFam. The next day we're working up a sweat as we take on Thailand's national sport Muay Thai in a kickboxing class!

DAY 7-10

The next 4 days are jam packed! From bamboo rafting down the river, to visiting an ethical elephant sanctuary, the north of Thailand is filled with unique experiences and adrenaline pumping activities. Spend your days ziplining through the jungle and hiking beautiful viewpoints at sunset as we travel to the hippie town of Pai.

DAY 22-24

Enjoy one more Koh Phangan night out before going to the neighbouring island of Koh Tao, where it's time to relax and dive into it's famous reef spots. Snorkel alongside a diverse range of marine life and hike viewpoints overlooking the stunning blue and green waters. We switch up the night train for a night boat to the famous party island of Koh Phi Phi! Buckets, beaches and beautiful views are the vibe for the rest of our travels

DAY 11-13

Let's get cooking! We'll visit a local cooking school to learn how to recreate some of Thailand's staple dishes. You'll be shown how to slice, dice and master the art of Thai cooking and of course, we'll have to sample our creations. Next stop - Grand Canyon water park. An adult water course filled with slides, inflatable challenges and jump spots. A day sure to bring laughter and good vibes.

DAY 25-27

It's the final few days of this unforgettable trip and we're ending on a high! We'll top up our tans as we island hop Thailand's most famous beaches - Maya Bay and Monkey Beach where we stop for a snorkel and swim before heading to our end destination Phuket for one last BIG night out!



Full Moon Party • Chao Phraya River cruise • Wat Arun temple visit • Wat Pho temple visit • Thai massage · Overnight train · Floating Bungalows · Kayaking & tubing • Bottle Beach • Muay Thai lesson • Koh Phangan boat trip

ACCOMMODATION

7 Nights Twin Shares Floating bungalows



MEALS

2 x Lunch

3 x Breakfast

TRU EXCLUSIVE

Spend the night at Bottle Beach



DEPARTURES PER MONTH

DAY 1-3

Arrive in Bangkok and explore the temples, cruise along the river and experience a ride in a tuk tuk! Board an overnight train - a backpacking rite of passage - down to our next stop Khao Sok National Park where floating bungalows and kayaks are calling!

DAY 4-5

DAY 7-12

It's time to see Thailand's national animal

and so much more! We visit elephants

at an ethical sanctuary, go rafting down

through the luscious jungle, chill in the

up a storm back in Chiang Mai!

the river on a natural bamboo raft, zipline

amazing hot springs in Pai before cooking

Spend the day soaking in the beauty of Khao Sok and exploring by kayak - it's truly stunning here so take it all in and enjoy the peace and serenity. We then head to Bottle Beach for the ultimate island escape and an overnight experience like no other

DAY 6-8

It's time to learn Thailand's national sport - Muay Thai! We'll learn to kick box and work up a sweat before spending our days snorkelling then gearing up for the ultimate night out. We'll take you to all the best pre-drinking spots before hitting up the infamous Full Moon Party!

DAY 9-10

After our night out we'll spend our final days relaxing. We'll take you for a much needed massage and let you embrace even more of the island life! After the final sunset of our epic adventure in party paradise, we'll go for one last dinner as a group.



Together we'll explore Bangkok, Kanchanaburi and Chiang Mai. Experience the perfect blend of nature, culture and relaxation! We'll visit temples and waterfalls as well as staying with a home stay with a local hill tribe.

DAY 13-16

Next stop is Grand Canyon waterpark before we travel back to Bangkok to explore more of this incredible city. Ride around on tuk tuks and head to two ancient temples - Wat Arun and Wat Pho! Afterwards it's time to relax with a massage before experiencing Bangkok's best nightlife and street food!

DAY 17-23

Our final days are in the dreamy Khao Sok National Park and Koh Phangan. Enjoy the serenity of Khao Sok National Park as we stay in floating bungalows before we head to Koh Phangan and party the night away at the world famous full moon party! The next few days are spent relaxing, recharging and exploring the island.

DAY 1-6



Full Moon Party • Bangkok temples • Thai massage • Overnight train • Khao Sok National Park • Floating bungalows • Cliff jumping • Boat trip & snorkelling around Koh Phangan • Bottle Beach bungalows • Muay Thai lesson • Phi Phi Islands

ACCOMMODATION

15 Nights Twin Shares Floating bungalows



MEALS

8 x Breakfast 5 x Lunch 2 x Dinner

(公)

TRU EXCLUSIVE Spend the night at

Bottle Beach



DEPARTURES PER MONTH

DAY 1-4

Welcome to Bangkok! Our first few days are spent exploring famous temples and cruising along the river before an overnight train down to Khao Sok National Park! We stay in floating bungalows and spend the rest of our day swimming, relaxing and taking in the views.

DAY 5-8

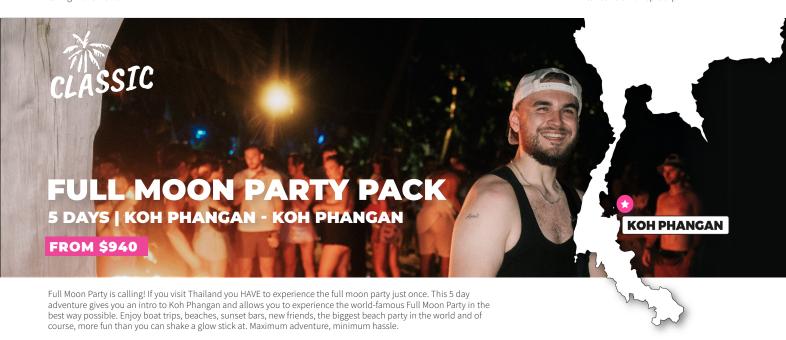
Head to Bottle Beach for the ultimate island escape! It's a hidden gem in Thailand, it's quiet, it's beautiful and only accessible by boat. We'll snorkel and 'beach-hop' around Koh Phangan, before the epic Full Moon Party!

DAY 9-12

Spend the day recharging before we head to Koh Tao for stunning sunsets and great bars! This is one of the best spots in the whole of Thailand! Have a snorkel in the Japanese gardens before we take an epic viewpoint trek at Koh Nang Yuan!

DAY 13-16

Our final days will see us boat tripping around Koh Phi Phi. You'll go coconuts about this place! In the evening we head out to experience Phi Phi's lively nightlife, dance on the beach and party till the sun comes up before we head back to Phuket to round off an epic trip.



WHAT'S INCLUDED

Full Moon Party • Island Boat trip around Koh Phangan • Island road trip • Sunset pool party • Relaxing massage

ACCOMMODATION

4 Nights Twin Shares



MEALS 1 x Lunch

BUCKET LIST Famous Full

Moon party



DAY 1-2

Welcome to Koh Phangan! Get to know the TruFam and grab a beer! We'll go on an epic island boat trip and snorkel in the best spots! We'll be ballin' on a budget, cruising around the island in a pirate ship style boat with music, food, drinks, sunshine and good vibes in abundance.

DAY 3

Get ready for a big night! Grab your Full Moon outfits and UV paint. You'll have the night of your life dancing on the beach in paradise with friends and strangers from all over the world. Let's do this!

DAY 4

Our plans for the day include nursing our hangovers the best way possible, a relaxing massage and a film at the local bar! Sounds perfect right? Spend the day soaking in the sun and recovering

DAY 5

Ahh, all good things must come to an end, unfortunately. It's not a goodbye, only a see you later! Whatever you do, don't be a stranger! After an incredible five days with your TruFam, it's time to part ways, whether that means carrying on your adventure or heading back home!



Are you ready to dive into an epic 21-day Thailand adventure? From the North to the South. From the bustling streets of Bangkok to the cultural vibes of Chiang Mai, The serene vibes of Khao Sok National Park to the party hotspot of Koh Phangan. Brace yourself for an unforgettable ride. You'll get up close and personal with majestic elephants at an elephant sanctuary, immerse yourself in the ways of a local tribe with an exclusive overnight stay, channel your inner foodie in a traditional Thai cooking class, and witness some seriously jaw-dropping sights and golden sandy beaches. Time to dust off that passport – this journey's calling your name!

WHAT'S INCLUDED

Taling Chan floating market • Erawan Waterfalls • Ayutthaya temple ruins • Jungle trek • overnight stay in hill tribe village • Zip lining • Elephant Sanctuary • Lod Cave • White Buddha Temple • Pai Hot Springs • Pai Canyon • Cooking course • Chiang Mai Canyon • Thai Massage • Overnight train • Khao Sok Floating Bungalows • Bottle Beach stay • Muay Thai lesson • Island Boat Trip



ACCOMMODATION

20 Nights Twin Shares Floating Bungalows Hill Tribe home stay



MEALS

9 x Breakfast 7 x Lunch 3 x Dinner



TRU EXCLUSIVE

Night at Bottle Beach Hill Tribe home stay



DEPARTURES PER MONTH

KHAO SOK







DAY 1-3

The first few days are spent between Bangkok and Kanchanaburi. We'll explore floating markets, journey over the River Kwai on a river cruise, and see the 7-tier crystal clear blue Erawan Waterfall. Our evenings will be spent in true Tru style, by getting to know each other over a few beers, get that bottle of Chang open!

DAY 11-13

After a relaxing day in Pai, we're travelling back to Chiang Mai to take part in a traditional cooking class! Get your aprons on baby! We're making the ultimate Thai feast. After eating so much home cooked food you'd be full for days we'll head to the Grand Canyon. An adult water park full of slip and slides, inflatable courses and so much fun your belly will hurt from laughing. A 10/10 day out.

DAY 4-6

Spend the day experiencing the rich history and culture in Ayutthaya, before spending the night on an overnight train to Chiang Mai. We'll soak up the panoramic views of the city from the Wat Pra Maha Doi Sutthep, before trekking into the jungle and staying with a hilltop tribe. This TruExclusive is unique, you won't get this anywhere else, so take it all in before bamboo rafting down the river.

DAY 14-16

It's time to get back on the overnight train, cos we're going back to Bangkok! We'll hop into a tuk tuk to the most prestigious temples in Thailand, Wat Arun and Wat Pho (which is home to the infamous gold reclining Buddha so get your cameras ready!) Then we're off to Khao Sok National Park to stay in floating bungalows. Haven't been? Trust us, it's paaaraadiseeee.

DAY 7-8

Chiang Mai is only a float down the river away where we visit a local ethical elephant sanctuary to get up close to Thailand's national animal. A learning experience as we support the rehabilitation of these majestic animals. Afterwards we head further into the jungle for aerial views, that's right, we're ziplining!

DAY 17-19

Spend the day soaking in the beauty of the crystal clear waters of Khao Sok National Park. After sunset, we are treated to a delicious Thai buffet dinner in the floating restaurant. The next day we continue our island dreams as we head to our hidden gem, Bottle Beach. There's dinner, beers and even a private fire show on the beach -amazing right?! End these few days by trying your hand at Muay Thai (Thai boxing!) in a local class.

DAY 9-10

After a jam packed 8 days, the next 2 are much more relaxed. You can spend the morning however you please before we go to Pai to explore Lod Cave. Dip into the revitalising hot springs before ending the day watching a beautiful sunset, with a cold beer in hand. Perfect.

DAY 20-21

Our final few days will see us taking a boat trip around Koh Phangan and snorkelling the aqua waters. After our fun in the sun (don't forget the sunscreen because it can get hot hot hot), we'll have a dip in the pool before heading out for our last night and trust us, we're going BIG!



Khao Sok National Park • Bottle beach bungalows • Muay Thai lesson • Sunrise at Angkor Wat • Killing fields & s21 • Halong Bay cruise • Thai massage • Boat trip • Sunset BBQ • Spider market • Phnom Penh riverside dinner • Kampot water activities • Pepper plantation • Cambodian cooking class • War museum visit & Cu Chi tunnels • Traditional lantern making • Hoi An tailor visit • Basket boats & bike ride • Vietnamese cooking class • Egg coffee demonstration



ACCOMMODATION

36 Nights Twin Shares Floating bungalows



MEALS

15 x Breakfast 13 x Lunch 3 x Dinner



TRU EXCLUSIVE

Bottle Beach stay Cambodia Rural BBO



DEPARTURES PER MONTH 💠









DAY 1-5

Our first few days in Thailand will have us exploring Bangkok on the iconic tuk tuks, visiting stunning temples, relaxing with a traditional massage. Then we'll head on an overnight train to the incredible Khao Sok and live our island dream on Bottle Beach! Get ready to swim, kayak and hike to unreal viewpoints and watch a private fire show!

DAY 22-25

Let's live our ultimate islander dreams... we're off to Koh Rong! Crystal clear waters, a cool breeze, white sands, beach huts and hammocks - what more could you want? Have a lie in, enjoy a delicious breakfast from local vendors and have a little stroll until we island hop in style in a traditional longtail boat!

DAY 6-10

Get ready to learn some Muay Thai, go island hopping around the gorgeous waters of Koh Phangan and explore Koh Tao. This island is bursting with nature and it's known most for its unbelievable diving spots, beautiful beaches and laid back lifestyle. We'll experience the perfect blend of relaxing and partying here - it's a Tru-ly special place.

DAY 26-30

Arrive in Vietnam and we'll hit the ground running with an orientation walk and museum tour to get to know the history of this incredible country. Explore the Cu Chi tunnels before heading to Hoi An to make lanterns, visit the tailors, cycle round the countryside and spin on the famous bamboo boats! Hoi An is stunning - get ready to be charmed!

DAY 11-16

Venture up to a stunning viewpoint looking over Phi Phi, chill on the beach with a cocktail in your hand and enjoy the lively nightlife in this backpacking paradise! These last few days in Thailand are going to be special. Then we'll grab our bags and travel to Cambodia. There we will jump straight into Cambodian life with a rural experience and BBQ!

DAY 31-34

We'll hit the road in open top war jeeps, stop for some snaps and a beer of course! Once we're in Hue, we will travel up the river to a local cooking class, get ready to learn the art of making spring rolls and a morning glory salad. Then we will marvel at the beauty in the magic of Ninh Binh and Halong Bay, swim, kayak, or just sit on the roof with a beer!

DAY 17-21

See the magical sunrise over Angkor Wat, it's an early one but it's worth it! We'll explore Siem Reap some more before travelling over Phnom Penh. Learn about the important history of the Khmer Rouge. Kampot will also find us flipping and sliding in the awesome adult waterpark and whipping up a storm in authentic cooking class -yum!

DAY 35-37

Our final few days in Vietnam will have us immersed in the hustle and bustle of Hanoi. We'll sample the famous egg coffee, explore the Old Quarter and visit Hoan Kiem Lake. This tour has been jam packed full of bucket-list moments and we've been immersed in so many cultures. It's going to be emotional but don't be sad that it's over, be happy that it happened!



Ho Chi Minh orientation • Visit War Remnants Museum • Cu Chi tunnels • Visit traditional Vietnamese tailors • Rural bike ride • Cooking class • Massage • Ninh Binh boat tour • Hang Mua Cave Viewpoint • Egg coffee demonstration

ACCOMMODATION

12 Nights Twin Shares Beachside Resort



MEALS

11 x Breakfast 7 x Lunch 1 x Dinner



BUCKET LIST

Visit traditional Vietnamese tailors in Hoi An



DEPARTURES PER MONTH

DAY 1-3

We start in the historic city formerly known as Saigon. Jump straight in with a trip to the Cu Chi Tunnels! Built and maintained during the Vietnamese war they are an incredible learning experience. We'll also take a city walk to hear more about Vietnam's rich history.

DAY 4-6

Discover the magic of Hoi An! An incredible place in Vietnam known for it's beauty and traditional buildings! From lantern making, bamboo boats, bike rides and of course a few great nights out, Hoi An has it all!

DAY 7-10

Travel the Hai Van Pass in open top jeeps to Hue, we'll stop on the way for some snaps, some lunch and maybe even a cheeky dip in the tropical waters! Cook up a storm, before heading to the breathtakingly beautiful Ninh Binh and sailing stunning Halong Bay.

DAY 11-13

Switch the idyllic views of Halong Bay to the hustle and bustle of Hanoi. Hanoi is chaotic, vibrant and an absolute experience in itself. Time to explore! Try an egg coffee, venture through the markets and walk down Beer Street for one final epic night out!



humbling history and welcoming culture, every TruTraveller returns with a different, amazing story to tell.

WHAT'S INCLUDED

Cooking Class & Sunset BBQ • Sunrise at Angkor Wat • Pub Street, Siem Reap • Markets in Phnom Penh • S21 & Killing Fields • Water activities in Kampot • Jungle Trek • Koh Rong Island Paradise Farewell dinner

ACCOMMODATION

10 Nights Twin Shares Private Dorms Boat & Homestav

MEALS

2 x Lunch 1 x Dinner

TRU EXCLUSIVE

Sunset BBO Dinner

DEPARTURES PER MONTH

DAY 1-3

We'll start in Siem Reap with a rural Cambodian experience and a sunset BBQ before an early start to marvel at Angkor Wat at sunrise. Get your cameras at the ready. In the evening we head to Pub Street, a backpacker favourite in Siem Reap full off quirky bars, colourful cocktails and questionable dance moves.

DAY 4-5

Wave goodbye to Siem Reap and head towards Cambodia's capital city, Phnom Penh. We will learn about the turbulent Cambodian history and educate ourselves on how the recent war shaped the country with a visit to the killing fields and S21 prison.

DAY 6-7

We're off to the riverside town of Kampot, surrounded by stunning mountain views and picturesque scenery, where we'll stop off at Arcadia Waterpark! Enjoy a jam packed adventure before exploring the pepper plantations and cooking up a storm in a local cooking class.

DAY 8-11

Experience paradise in Koh Rong! They say you haven't seen beauty 'til you've seen this place, and they ain't (Koh) Rong. Snorkel, relax or spend your time at the Bar before returning to Phnom Penh for one final night!



Stay in hill tribe village • Elephant Sanctuary Khao Sok National Park • Bottle beach bungalows • Muay Thai lesson • Sunrise at Angkor Wat • Killing fields & s21 • Halong Bay cruise • Thai massage • Boat trip • Sunset BBQ • Spider market • Phnom Penh riverside dinner • Kampot water activities • Cambodian cooking class • War museum visit & Cu Chi tunnels • Traditional lantern making • Hoi An tailor visit • Basket boats & bike ride • Vietnamese cooking class • Egg coffee demonstration



ACCOMMODATION

49 Nights Twin Shares 4 Bed Room



MEAIS

16 x Breakfast 17 x Lunch 4 x Dinner



TRU EXCLUSIVE

Bottle Beach stay Cambodia rural BBQ Hill tribe stay



DEPARTURES PER MONTH







DAY 1-5

Our first few days in Bangkok are spent exploring the floating markets and immersing ourselves in the hustle and bustle of this iconic city! Then we're heading over to Kanchanaburi for a dip in the stunning Erawan falls, checking out the temples, and exploring the Ayutthaya UNESCO World Heritage Site on bicyclesthe perfect first few days!

DAY 27-32

Welcome to Cambodia! Get ready to learn about rural life in Cambodia and some local delicacies with beers during your sunset BBQ. We'll get up super early for sunrise at Angkor Wat - a once in a lifetime experience! Then we're off to Phom Penh to learn about the recent tragedy that has shaped the Cambodia we know today.

DAY 6-10

We're headed to Chiang Mai! We'll climb up to visit Doi Suthep temple, trek through the jungle and spend the night at a Hill Tribe Homestay - a TruExclusive! Rub shoulders with gentle giants at the Elephant sanctuary and experience an epic zipline through the rainforest. We'll then head off to Pai for night markets, caves, and hot springs!

DAY 33-36

Next up is the riverside town of Kampot. First stop, Arcadia Waterpark! Huge waterslides, rope swings, kayaks and 'The Blob' await us! Then we're putting our chefs hats back on. Vamos a la playa!!! We're heading back to island life. Immaculate beaches, clear turquoise waters, and palm trees. Our last few days will be spent in paradise.

DAY 11-17

We'll then cook up a storm in a local cooking class and embrace our inner child as we go to an epic inflatable water park! We then head back to bustling Bangkok to learn more about Thai culture at the famous temples. Next up is paradise! Khao Sok's relaxed vibe is unmatched. Chill with a book, crack open a beer, and hunt for stunning wildlife in our Kayaks!

DAY 37-43

Hello Vietnam! We're jumping straight in and learning about the history of this amazing country. We'll visit museums, try authentic Vietnamese food and crawl along the famous Cu Chi Tunnels! Then we'll head to Hoi An for the magical glowing lanterns, incredible tailor services, countryside bike rides, and an epic basket boat spin!

DAY 18-26

We're off to Koh Phangan for island hopping, snorkelling and a Muay Thai class! Our next stop is Koh Tao and Koh Phi Phi. We'll make the most of our stunning surroundings and spend our days visiting epic swimming spots and iconic islands such as Maya Bay and Monkey Island! We'll also experience the epic nightlife of Phuket.

DAY 44-50

We're heading to our next stop Hue on open top jeeps! Once you've taken in the sights, it's off to the breathtakingly beautiful Ninh Binh, before cruising around the world famous Halong Bay. What could be better than watching the sun go down over this amazing backdrop?! Get ready to jump back into city life and explore Hanoi together for our last few days!



If aqua waters, tropical reefs, quaint seaside towns complete with jaw-dropping architecture, diverse marine life, canyoneering and having the best week of your life sounds good, this 8 day Philippines East tour is the one for you! What more could you want?! Head to the east of this incredible country and we promise you won't be disappointed.

WHAT'S INCLUDED

Sardine Run in Moalboal • Moalboal Boat Trip

- Snorkelling with turtles Kawasan Waterfalls
- Canyoning Flight to Caticlan (20kg baggage allowance) Ferry to Boracay Paraw Sailing

ACCOMMODATION

7 Nights Twin Shares



MEALS 6 x Breakfast 1 x Lunch



Swim with turtles



DEPARTURES PER MONTH

DAY 1-2

After landing in Cebu City and meeting the TruCrew we'll head to Moalboal. Here we'll have a delicious lunch with locals. Bellies full, energy buzzing and spirits high we'll make our way to the stunning Simala Church!

DAY 3-4

Get ready for an epic couple of days filled with snorkelling (fingers crossed we see turtles,) exploring waterfalls and canyoneering! Swim amongst the Nemos and Dorys of the ocean and glide alongside some of the island's local turtles.

DAY 5-6

We're heading to Boracay! Commonly known as "The party hotspot of the Philippines." Boracay brings the bucket list island vibes. We will explore the golden beaches, swim in the waters and dance till our flip flops fall off. The next day we set sail for more island hopping.

DAY 7-8

It's our last full day and it's time for a boat party! Let's make it one for the memory books! After squeezing in every last minute of crucial tanning time, some lunch and many drinks later, we head back before dressing to the nines for a farewell dinner and last Tru night out!



DAY 1-3

Let's see the Philippines! We'll explore Manila before flying to Port Barton where we will have a traditional lunch with locals and island hop around paradise! Get your snorkel, mask and budgie smugglers at the ready as we dive into some of Palawan's most beautiful spots.

DAY 4-5

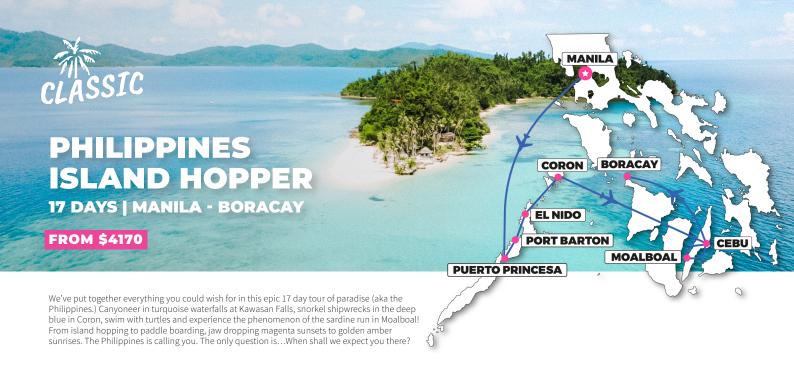
In El Nido we will check out some great bars, snorkel in the emerald lagoons of Bacuit Bay and explore some nearby islands by boat. El Nido also has some of the best sunsets in the world so of course we'll grab a beer & watch the sun go down!

DAY 6-7

Time to explore! We'll zipline from beach to beach taking in the incredible views sure to get your blood pumping. We'll spend the afternoon chilling on Nacpan beach before heading to our Tru Exclusive, Isla Experience. We'll stay in bamboo huts beachfront as we go 'off grid' and enjoy the Tru magic of the Philippines.

DAY 8-10

After arriving in Coron and having an epic Tru night out, we will spend our last few days relaxing, beach hopping and reminiscing. We'll also embark on one last adventure, this time exploring the island of Coron including the impossibly beautiful Coron Bay.



Beach days • Local villages • Lunch with the locals • Island Hopping in Port Barton • Snorkelling with Turtles • Ziplining • Visit crystal clear lagoons in El Nido • 1 night Isla Experience • Snorkel at a shipwreck • Island Hopping in Coron • Sardine Run in Moalboal • Moalboal boat trip • Kawasan Waterfalls • Canyoning (optional) • Paraw Sailing • Island Hopping boat trip



ACCOMMODATION

16 Nights Twin Shares Beach Bungalows



MEALS

14 x Breakfast 6 x Lunch 2 x Dinner



TRU EXCLUSIVE

Isla Experience



DEPARTURES PER MONTH







DAY 1-3

Welcome to the Philippines! Check in, relax and meet the TruFam! Over the next few days we'll travel to Port Barton and have lunch with a local family, go island hopping and snorkel in some idyllic spots. We will also explore the local towns and head to the best restaurants and bars! Start as you mean to go on right?

DAY 4-5

We're off to El Nido! If you're looking for good vibes, good times and good beer, El Nido is the place to be. Grab your snorkel and dive under to see the magic of the Philippine Sea or re-energise sunbathing on the golden sands. We'll stop for a local style lunch along the way too!

DAY 6

The day starts with a Mission Impossiblestyle zipline experience! We'll zoom across from beach to beach taking in the jawdropping views. We spend the afternow at the famous Nacpan beach swinging blissfully in a hammock before heading off to our ultimate Castaway 'Isla Experience'.

DAY 7

Once you have woken up in paradise we will climb aboard a private boat where we explore sunken shipwrecks. In the afternoon we take a guided tour of a local village and learn about their heritage. In the evening, it's time to slice and dice as we take part in a cooking class at sunset on the beach. C'mon we did say it was paradise.

DAY 8-10

Next stop...Coron! Our next few days we're in tropical heaven. We'll sail to the turquoise lagoons around Coron and stop off at some of the most beautiful beaches in the whole world! After endless beach days and crystal clear waters we head to the airport and fly to our next destination. The east!

DAY 11-12

After landing in Cebu we pack up and head to the seaside town of Moalboal. Have a delicious home cooked Filipino lunch with the locals before visiting the stunning Simala Church. The day after is jam-packed, we're grabbing our snorkels, bikinis and jumping into the aqua blue waters of the east. Look out for turtles!

DAY 13-15

Are you feeling brave? Let's go canyoneering! Jump into the splashing waters, slip and slide down the falls or bob along as the current glides you down the jungle surrounded area. The next day we'll head over to Boracay which is known for its incredible nightlife and white sandy beaches. Beers, beaches and paraw sailing is our vibe in Boracay!

DAY 16-17

It's our last few days so we go out with a bang. Well, an EPIC boat party actually. We'll set sail, dance the day away and take it all in for one last time. In the evening we head out for a farewell dinner over sunset cocktails and dance the night away. All good things must come to an end but the memories of The Philippines will last forever!



Experience the adventure of a metime with our jam packed Philippines Flashpacker: If aven in Comfort and style as we take backpacking to the next level. Indulge in local foodie experiences, feel the rush of zip-lining, and explore the underwater world as we scuba dive and snorkel alongside diverse marine life and jaw-dropping eco systems. But wait, there's more: experience the thrill of island hopping, slip and slide in aqua blue waterfalls canyoneering and learn to ride the waves with a surf lesson in Siargao. Dive into local culture through immersive weaving sessions and dance the night away at beach clubs and open air bars as we see the best of the Philippines by day and night. Sip colourful cocktails and watch orange and purple sunsets as we take in the breathtaking views on our boujee flashpacking adventure.

WHAT'S INCLUDED

Massage • Snorkelling • Beach Ziplining
• Island Hopping boat trip • Local
weaving workshop • Discovery Dive
• Canyoneering • Surf Lesson • Local

experience tour



ACCOMMODATION

11 Nights Twin Shares Hotel Rooms



MEALS 11 x Breakfast

11 x Breakfast 4 x Lunch



TRU EXCLUSIVE

Local weaving experience

USEFUL FILIPINO PHRASES

Hello, how are you? - Kumusta ka? I'm Good - ako ay Thank you - Salamat / Salamat po You are welcome - Walang anuman



DEPARTURES PER MONTH







DAY 1-2

Brush off the jet leg with a drink on the rooftop whilst you get to know your TruFam! We'll take it easy before having dinner and a cocktail at Agimat at Ugat Foraging Bar and Kitchen - Manila's top voted place to go by Time Out in 2021. It's an early start as we fly to the beautiful island of Palawan. Check into our stylish hotel before a day of adventuring, ziplining and beach clubs!

DAY 7

Start your day by whizzing through the valley on a zipline or taking a scenic stroll through the jungle to start today's activity canyoneering! Get your adrenaline pumping by jumping into the aqua blue waters, slipping and sliding through the waterfall or bobbing along with the current. An unforgettable day in paradise. In the evening we head out to an oceaninspired restaurant with delicious food for our final night in Moalboal!

DAY 3

Today's our first island hopping experience together! Spend the day kayaking, exploring caves, hiking and sunbathing on the white sandy beaches. After a fun day of activities, we'll end the day with DELICIOUS vegan food in the sky. We hope you've got a head for heights because we're going to ascend to the top floor for an unparalleled dining experience.

DAY 8-9

Surfs up, we're flying to Siargao, the surfing capital of the Philippines! Pristine beaches and thriving coconut forests, it's paradise. Go for a quick dip, have a delicious dinner of traditional Filipino cuisine and watch the sunset. Wake yourself up with coffee and a bite to eat at Cafe Loka before taking part in a surfing lesson! The afternoon is free before having dinner at the beautiful Las Palmas Villas and Casitas.

DAY 4-5

Start the day off right with a breakfast buffet and relax before we head to Lio Beach for shopping and activities. Take part in a Clay Pot workshop before ending the day in the famous beachfront rest-bar Bella Vita El Nido. We then have a flight to Visayas for a quick hello to Cebu City, before going straight to Moalboal to lay on the beach or enjoy a complimentary massage!

DAY 10

Next, we head up north and explore the secret spots of Siargao! You'll meet the weaving ladies who will teach you traditional weaving techniques. After we're off to the Tigasao lighthouse for a dip in the incredible waters of beach Pacifico! In the evening, we've made a reservation in the best local restaurant to have dinner and cocktails as we watch the sun go down on another day in paradise.

DAY 6

It's scuba diving time! We've got a PADI scuba diving session for all you first timers, but if you don't fancy it we've got snorkels on hand, either way we'll be swimming with turtles and we experience the famous sardine run! This phenomenon only happens in 2 places in the world, so keep your eyes peeled. This is a 'you have to see it, to believe it' moment for sure!

DAY 11-12

Start the morning peacefully with yoga and meditation at Harana, before boarding the boat to Naked Island and Corregidor. Take in the beauty as the locals prepare a feast presented on banana leaves! Spend the rest of your afternoon wakeboarding, swimming or checking out the local town. Watch your final sunset (we know, saying goodbye is hard), with a cheeky glass of wine, before your chilled check out the next morning.



Explore Bali in style! From backpacker to flashpacker. Our Flashpacker style is for those who want to experience our bucket list activities, but with a little more comfort and luxury. Visit Bali's best beach clubs, sip cocktails & watch the golden sunset as we explore Bali's most beautiful islands in comfort, class & style. A tropical blend of golden sandy beaches, luscious green limestone mountains & turquoise blue oceans. From cooking classes to surf lessons. Immerse yourself in Tru Indonesia & you'll never look back. Think Bali, but boujee.

WHAT'S INCLUDED

Uluwatu temple visit • Bali's beach clubs • Rice terraces • Ubud Monkey Forest • Mount Batur volcano trek • Massage • Paddleboarding in mangrove forest • Snorkelling with Manta Rays • Island boat trip • Nusa Penida day trip • Nusa Islands Viewpoints • Surf lesson • Blue Lagoons



ACCOMMODATION

9 Nights Twin Shares



9 x Breakfast

1 x Lunch

TRU EXCLUSIVE

Mt. Batur sunrise with prosecco

USEFUL PHRASES IN BALI

Hello - Om Swastiastu How are you? - Apa kabar? I'm Good - Kabar baik Thank you - Terima kasih





DEPARTURES PER MONTH









DAY 1-2

Chill by the pool, explore Seminyak's beautiful beaches and cafes or hit up some of Asia's best beach clubs for a mojito or two. The next morning we're heading off to the famous Uluwatu cliff temple to learn about Balinese culture. After lunch, we head for afternoon cocktails on a clifftop. You'll most certainly have your head in the clouds.

DAY 6

Next stop Nusa Lembongan! Take some time to chill in the hotel before we try our hand at stand up paddleboarding. We don't do average, so we're paddleboarding through the mangroves! An unforgettable experience, let your troubles melt away as you immerse yourself in rich greenery and calming waters.

DAY 3

We are travelling in style to Ubud and visit the iconic rice terraces on the way. Layers of emerald green, pristine rice terraces, it's an Instagram must visit. The afternoon is free for you to explore Ubud, visit the world-famous monkey forest, explore the local markets or even grab a stress-reducing massage!

DAY 7

Today we're island hopping around the Nusa's! We're snorkelling the crystal clear waters. Swimming with gentle majestic manta rays and spend your day swimming in the crystal clear waters under the glorious sun. Perfection! We'll also head to Nusa Penida and Kelingking Beach Viewpoint, home to undoubtedly one of the best viewpoints in all of Asia.

DAY 4

Rise and shine because it's an early one. Sunrise at the top of Mount Batur is like no other. How can we make this epic moment any better? We'll, we're popping bottles at the top as we raise a glass to celebrate our climb! We will then have some free time to catch some zzz's in the afternoon before we have a welldeserved massage.

DAY 8

Today we're riding some waves! We're having our very own surf lesson just off Lembongan! Shakas up, time to ride some gnarly waves. After a morning of living our best surfer life, we'll head to Nusa Ceningan where we stop at the stunning turquoise blue lagoon, and white sandy beach viewpoint for the most beautiful, untouched scenic views.

DAY 5

Today we take the Bali experience to the next level. What do we love in the world more than travelling? FOOD! For all you foodies today will be a dream. Yeah, that's right we're taking you to the local cooking school where we're dicing, slicing and cooking up a storm as we learn to master traditional Balinese cuisine.

DAY 9-10

Goodbye Nusa we're heading back to Seminyak, where our wanderlusting story began. We meet up in the evening for a farewell dinner, hey we're not crying, you are. But although all good things must come to an end, you're a part of the TruFam now, which means the memories will last forever. Bring it in TruFam.



the Gili Islands. We'll adventure to majestic temples, dive into the flowing waterfalls, learn to cook some incredible dishes and lounge on the crystal-white beaches of Indonesia. Bali is an incredible island and we can't wait to show you why we love it so much!

WHAT'S INCLUDED

Tanah Lot & Taman Ayun • Surf lesson • Tegenungan Waterfall • Ubud Monkey Forest • Balinese Cooking class • Rice terraces • Volcano Viewpoint • Local Markets • Island hopping the Gili's • Snorkelling • Bike tour of Gili Trawangan

ACCOMMODATION

9 Nights Twin Shares

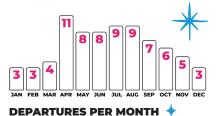
MEALS

1 x Lunch

9 x Breakfast

TRU EXCLUSIVE

Wayan's Cooking Class



DAY 9-10

DAY 1-3

Let's explore Canggu, we'll visit Tanah Lot Temple, dance the night away and release our inner "cool dude" with a surf lesson on Kuta Beach! In the evening we'll take in the sunset on one of the area's most picturesque beaches, before a big night out in Canggu.

DAY 4-6

Pack your bags, we're off to find our zen. We're travelling to the bohemian jungle town of Ubud. Enjoy stunning waterfalls, Tegalalang rice terraces, learn to cook local dishes and meet some new furry friends in the monkey forest!

DAY 7-8

It's about time we hit up Bali's famous beaches, don't you think? Next up is the stunning Gili Islands! The next few days are spent snorkelling, exploring paradise by boat and topping up our tans on this tiny island. Gili T is famous for its nightlife so we head out!

We'll spend our last days exploring Gili T by bike, hiking up to the island viewpoint and relaxing on the stunning beaches around the island! We'll also enjoy one last sunset with the TruFam as we reminisce about a magical 10 days over a farewell dinner and a few cocktails.



Want to get off the beaten path and see the REAL Indonesia? Spend your days visiting Sasak village, swimming in crystal clear waters, sunbathing on pristine golden beaches and sleeping under the stars on our very own liveaboard boat. Explore the Tru-ly best viewpoints in Indonesia, top secret hidden gems such as pink beach and take a visit to the incredible jungle island of Mojo, home to luscious forests and hidden waterfalls and of course we couldn't forget, see Komodo Dragons! We'll visit Komodo National Park to see these ancient dino's up close and personal.

WHAT'S INCLUDED

Traditional Sasak Village • Benang Kelampu Waterfalls • Moyo Island • Live-aboard boat trip • Satonda Island • Gili Lawa Island • Snorkelling with Manta Rays • Pink Beach • Padar Island Viewpoint • Komodo Island

ACCOMMODATION

8 Nights Twin Shares Live-aboard Boat

MEALS 8 x Breakfast

3 x Lunch

2 x Dinner

TRU EXCLUSIVE

Movo Island Live-aboard Boat



DEPARTURES PER MONTH

DAY 1-3

Touch down in Lombok babyyy! Spend the first few days immersed in Indonesian culture visiting Sasak Village! Explore beautiful waterfalls, lay upon stunning beaches and explore paradise around Lombok. Grab a board, practise your surf skills or just sit back, coconut in hand and top up that tan

DAY 4-5

We're off Moyo Island! Spend the day boat tripping, dipping in and out of waterfalls, laying on the beach and stopping for a local lunch. Sunset's in Sumbawa are up there with some of the best in South East Asia so grab your camera's ready. You won't want to miss this.

DAY 6-7

We'll be living on board our very own boat! Kick back and watch the islands float past as you eat your breakfast with the sun glistening down. These days are spent snorkelling and swimming with manta rays and the diverse marine life whilst also hiking to jaw dropping viewpoints such as Padar Island and Gili Lawa for sunset. The views really are out of this world.

DAY 8-9

We're off to see the magnificent Komodo dragons! Known to be a TruTraveller highlight, we'll explore the national park led by rangers and learn about these prehistoric creatures, catching a glimpse of these rare animals only found on 5 islands in the world. Afterwards we'll head out and explore Labuan Bajo Flores and have one last BIG Tru night out. It's only right... right?



Amidst Bali's paradise-like setting, where sun-kissed golden sandy beaches stretch along the shores and the waters glisten with unparalleled beauty, you'll find yourself in Tru paradise. Immerse your days in the enchanting allure of Ubud, where cascading waterfalls hidden within lush greenery beckon, and monkey forests invite you to explore. For an off-the-beaten-path adventure, we'll venture to the Gili Islands, a haven untouched by the ordinary. We'll travel to Indonesia's quieter gems, the serene Lombok and the captivating Komodo Islands. We'll sleep beneath the stars on our very own exclusive liveaboard boat, swim in magical waterfalls and explore Komodo National Park. Will these be the best 18 days of your life? Well, you don't know... unless you go.

WHAT'S INCLUDED

Taman Ayun Temple • Tanah Lot Temple • Surf lesson • Tegenungan Waterfall • Local Markets • Cooking class • Monkey Forest visit • Rice Terraces • Volcano Viewpoint • Snorkelling with Turtles • Bike tour around Gili T • Visit Sasak Village • Benang Kelambu Waterfall • Beach hopping • Moyo Island • 3 Day Live-aboard boat trip • Epic Viewpoints • Snorkelling with Mantas • Pink Beach Komodo Islands



ACCOMMODATION

17 Nights Twin Shares Live-aboard Boat



17 x Breakfast 4 x Lunch 2 x Dinner

TRU EXCLUSIVE

Wayan's cooking class Live-aboard Boat Moyo Island

USEFUL PHRASES IN BALI

Hello - Om Swastiastu

How are you? - Apa kabar? I'm Good - Kabar baik

Thank you - Terima kasih



DEPARTURES PER MONTH









DAY 1-3

Welcome to Bali! The start of your epic 18 day adventure. Our first few days are spent exploring local temples, learning Balinese culture and diving into incredible food and colourful cocktails. We'll take a surfing lesson, ride some waves and watch the sun go down beachfront. Perfect.

DAY 11-12

Immerse yourself in the local culture of Lombok at the Sasak Village. Trek through luscious green jungles before cooling off by jumping in the waterfalls! We'll set off to 2 different locations along the southern coastline where we spend our days on white sandy beaches. Sit back, relax and enjoy a beer in paradise. The Tru way.

DAY 4-6

Ubud is calling! Think ultimate jungle zen vibes. From dipping in stunning waterfalls to slicing and dicing, learning to cook some of Bali's most delicious dishes in a local cooking class, our time in Ubud will be nothing short of spectacular. We'll round off our days with a visit to the picturesque rice terraces and a walk through the famous monkey forest!

DAY 13-14

We're onto our next destination, Sumbawa Island! We'll have a chilled day before visiting one of Indonesia's best kept secrets. Moyo island! Our local guide shows us around as we hike into the jungle in search of waterfalls. Afterwards we head back to our very own beach in Sumbawa and watch the sun go down.

DAY 7-8

It's time to get tropical! You haven't seen paradise until you've been to the Gili islands! We'll check into our accommodation and explore! Gili T is a small island, famous for its slow living, white sandy beaches and great nightlife. We'll hit the beaches and best bars before a day of island hopping and snorkelling the surrounding Gili islands, Gili Air and Gili Menol

DAY 15-16

Today we head off on our very own Liveaboard boat, an amazing Tru Exclusive. The first part of our voyage has us stopping off at Satonda Island, grab a snorkel, and jump in! We'll also be visiting Pink Beach before taking a trek to Padar Island for one of Indonesia's most renowned viewpoints and the perfect sunset spot.

DAY 9-10

The best way to see any island is by bicycle and today we're off to explore! Feel the wind in your hair and the cool crisp fresh sea air. Perfection. Then, after the most amazing few days on the Gili Islands, it's time to go off the beaten track as we make our way east to Bali's sister island, Lombok!

DAY 17-18

It's time to see Komodo Dragons. Located in just 5 islands in the world, today is the Tru highlight of the trip. We'll be greeted by park rangers as we set off in search of the prehistoric creatures. We'll learn about these rare dangerous lizards as we explore the national park before heading to our final stop Labuan Bajo Flores for one last big night out together!



Explore bat cave • Orangutan trek • River tubing • Mentawai local home stay experience • Traditional fishing lesson • Turtle conservation • Rice terraces • Island hopping boat trip

ACCOMMODATION

9 Nights Twin Shares Local Homestay



8 x Breakfast 5 x Lunch



TRU EXCLUSIVE

Turtle conservation centre



DAY 1-4

Welcome to paradise! We'll explore the mysterious Bat Caves, try delicious local food, and trek through the jungle in search of orangutans. You'll try your hand at rubber tubing and enjoy a cocktail (or two) as you watch the sunset - what could be better?

DAY 5-6

We'll arrive on Mentawai Island for a local lunch before we begin our trek into the jungle! We'll jump on a motorised canoe and make our way to spend time with local families and meet a Mentawai Shaman. You'll learn all about the culture and listen to their stories

DAY 7

We're off to the beach! Relax, swim, and soak in the sun in paradise with our very own beach huts. This evening we'll be dancing the night away with live music as the sun sets surrounded by the TruFam -is there anything better than being this close to the bar and the beach?!

DAY 8-9

Today we're giving a helping hand at a turtle volunteer centre. We'll learn the importance of conservation and help care for these animals! We'll round the day off by island hopping to snorkel in untouched waters. After we'll chill on the beach and enjoy our final night together!



WHAT'S INCLUDED

Orangutan trek • Mentawai local home stay experience • Turtle conservation • Surf lesson • Tegenungan Waterfall • Ubud Monkey Forest

• Balinese cooking class • Rice terraces • Island hopping boat trip

ACCOMMODATION

18 Nights Twin Shares Local Homestay

MEALS 17 x Breakfast

6 x Lunch 4 x Dinnei

TRU EXCLUSIVE

Turtle conservation centre

Wayan's Cooking Class





DEPARTURES PER MONTH



DAY 1-5

Get ready to discover the incredible nature of Sumatra. We'll start with a journey to mysterious Bat Caves and go in search of Orangutans before flying to Padang, where we'll visit a local farm and family on Mentawai island. An authentic and special experience that you won't forget!

DAY 6-8

We're getting immersed in jungle life and learning all about the lives of members of the Mentawai tribe. Then we start island hopping where we'll explore the stunning marine life that Sumatra has to offer. After checking out beautiful waterfalls, we'll have the chance to give back and help the local community with a turtle volunteer project!

DAY 9-15

Touch down in Bali! From surf lessons in Canggu, to chilling out in Ubud, we're not doing things by halves! We'll even cook up a storm in a traditional Balinese cooking class. Make sure your cameras are charged as we'll see the famous rice terraces and eat lunch overlooking Mount Batur.

DAY 16-18

Our final days take us to Gili T to live our island dreams! Spend the days island hopping, snorkelling, turtle spotting and cycling around this paradise. Grab a cocktail, or even a coconut, and enjoy a world-class sunset surrounded by the very best people!

MULTI COUNTRY GILI TRAWANGAN SATONDA ISLAND MOYO ISLAND UBUD KOMODO ISLANDS CANGGU SUMBAWA BESAR DENPASAR LOMBOK

TOTAL INDONESIA 26 DAYS | MEDAN - LABUAN BAJO

FROM \$5995

Why pick and choose when you can see it all? This epic 26 days will take you from the rural tribes of Mentawai island to the island paradise of Gili Trawangan. We'll explore majestic temples, dive into crystal clear water and learn to cook some delicious dishes. Travel locally to untouched destinations, spend time with a Shaman and see Orangutans in the wild. Spend your days visiting Sasak village, sunbathing on pristine golden beaches and sleeping under the stars on our very own liveaboard boat. Indonesia is incredible, varied and beautiful; we can't wait to show you why we love it so much!

WHAT'S INCLUDED

Tanah Lot Temple • Surf Lesson • Tegenungan Waterfall • Cooking class • Monkey Forest • Rice Terraces • Volcano Viewpoint • Snorkelling with Mantas • Sasak Village

- Benang Kelambu Waterfall Moyo Island 3 Day Live-aboard boat trip • Padar Viewpoint • Pink Beach
- Komodo Island Explore bat cave Orangutan trek River tubing • Mentawai local home stay experience • Traditional fishing lesson • Turtle conservation



ACCOMMODATION

25 Nights Twin Shares Live-aboard Boat Local Homestay



25 x Breakfast 9 x Lunch 6 x Dinner



TRU EXCLUSIVE

Wavan's cooking class Live-aboard Boat Moyo Island centre



DEPARTURES PER MONTH

PADANG

SUNGAI PINANG

MEDAN

BUKIT LAWANG

MENTAWAI



LABUAN BAJO







DAY 1-4

Let's explore the untouched island that is Sumatra! Meet the group and get ready for an epic 26 days! We'll travel to Bukit Lawang to explore the magical batcaves and wake up early to trek through the national park in search of Orangutans. What's the best way to travel back to base - tubing of course! Then we're off to our next stop - Padang.

DAY 15-17

It's time to get tropical because we're off to the Gili Islands! Turquoise clear waters, golden sandy beaches will have you falling in love. Just when you think it couldn't get any better we're taking you island hopping to the best snorkelling spots around Gili Meno & Gili Air! Keep an eye out for a nearby turtle or two passing by.

DAY 5-8

We are going back to basics and visiting Muntei village where we will immerse ourselves in traditional culture. We will visit the local Shaman and Mentawai tribe and learn the traditional techniques of making clothes, gathering food and crafting poison. We'll have lunch with the locals, visit a market and spend a wholesome evening on the beach.

DAY 18-20

It's time to go off the beaten track - we're going to Lombok! We'll travel to Kuta Lombok and immerse ourselves in the local customs and culture with a visit to Sasak Village. We'll also trek through luscious green jungles to visit some beautiful waterfalls. Next up, it's time to get our toes in the sand and grab beachside lunch from a local restaurant!

DAY 9-10

Goodbye Sumatra, hello Bali! Once we arrive we'll dive into the local culture of Bali with a visit to two amazing temples: Taman Ayun and Tanah Lot - Bali's most famous temple in the sea. We'll also head to a local beach bar, local markets and grab a beer to watch the sun go down, beachfront. This is the life!

DAY 21-23

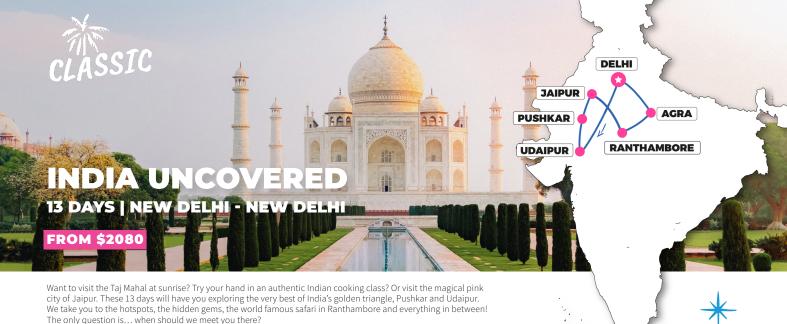
We're off to our next destination. Sumbawa Island and Movo Island! These untouched spots are stunning and the perfect place to chill-out. Next up is boat life! we'll head off on our very own Liveaboard boat, an amazing Tru Exclusive. We will spend our days on a converted traditional boat which has been transformed for this epic journey!

DAY 11-14

Surf up and Shaka's up! We're having a surfing lesson and you'll be standing up and riding those waves in no time. Next stop, Ubud. On the way we'll visit an enchanting waterfall before we arrive in the quiet zen-paradise. Here we'll take part in a traditional cooking class, visit the monkey forest and explore the rice terraces!

DAY 24-26

The final few days are spent sailing across crystal clear waters, exploring Komodo National Park and snorkelling amongst world-class marine life. We'll even visit Labuan Bajo to come faceto-face with epic Komodo dragons and learn about their life and legacy on the island! An amazing way to end this trip of a lifetime!



Guided tour of Taj Mahal • Wildlife Safari • Ranthambore National Park • Sunset boat trip on Lake Pichola • Pink Palace tour in Jaipur • Jeep ride to the Fort • Visit Fatehpur Sikri, India's abandoned city • Lunch in a palace and more...

ACCOMMODATION

12 Nights Twin shares



TRU EXCLUSIVE

11 x Breakfasts Royal Palace lunch 3 x Lunch







DEPARTURES PER MONTH

DAY 1-4

What better way to experience New Delhi than being shown around by a local first hand! Explore the hustle and bustle of New Delhi, ride a rickshaw, take a sunset boat trip on Lake Pichola and visit the magical Udaipur palace.

DAY 5-7

Pack your bags, it's time for our next adventure! We're heading to one of the oldest cities in India, Pushkar! Take a stunning sunrise trek to Savitri Mata Temple, cook up a storm in a local cooking class and relax within the incredible surroundings!

DAY 8-10

It's an epic few days of adventure! Explore the stunning Pink Palace, visit Ranthambore National Park, learn about tiger conservation & head out on a wildlife safari! Monkeys, crocodiles, peacocks, deers hey we may even see a wild tiger if you're lucky!

DAY 11-13

Are you royalty? Today we'll be lunching at a palace! Then we'll head to the world famous Taj Mahal for sunrise! There's no better way to experience it's picture-perfect views than early morning. An unforgettable way to end an incredible 13 day experience.



immerse you in Sri Lankan culture with tea plantations and temple visits, get you up close to wildlife on safari and take you to the most breath-taking viewpoints and along world famous scenic train rides. From cooking delicious local cuisine in a cooking class to sleeping under the stars glamping in the jungle, Sri Lanka is 10/10 bucket list ticking vibes and 100% guaranteed to be the trip you talk about for years to come.

WHAT'S INCLUDED

Dambulla Cave temple • Golden Buddha temple • Local farming village dinner • Temple of the Tooth

- Tea plantation Cooking class Nine Arch bridge
- · Jungle beach day

ACCOMMODATION

9 Nights Twin Shares

Glamping

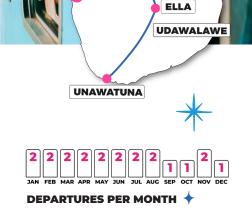
MEALS 9 x Breakfast

1 x Lunch

1 x Dinner

TRU EXCLUSIVE

Traditional meal with local village



SIGIRIYA

KANDY

DAY 1-3

Keeping things local, we're heading into the heart of Sri Lanka to explore the local culture, history and heritage. We visit sacred temples, climb up the famous Sigiriya Rock and enjoy a mouth-watering evening meal cooked by a local family!

DAY 4-6

Travel to Kandy to visit the majestic Temple of the Tooth, cook up a storm in a local cooking class and board the famous train from Nuwara Eliya to the chilled town of Ella. We also enjoy a climb up Little Adams Peak, get ready for scenic mountain views and even better Insta snaps!

DAY 7-8

Cascading waterfalls, jungle safaris and glamping under the stars is the plan for the next few days. We'll swim in the serene waters, head out on jeeps in search of elephants, monkeys, buffalos and more before rounding off the day with star gazing at our very own glamping site. Perfect.

DAY 9-10

NEGOMBO

Awaken feeling refreshed as we spend today walking through the jungle to the stunning golden sands of the beach of Unawatuna for a beach day. Soak up some Vitamin D, have a swim in the sea and enjoy the simple pleasures whilst cherishing our last full day as a group before a big farewell night out!



big backpacker adventure. From temples, palaces and sunset boat trips to glamping under the stars on safari and learning to cook local cuisines. Uncover everything India and Sri Lanka has to offer. Two incredible countries, one epic trip! Are you ready?

WHAT'S INCLUDED

Salaam Baalak Trust walk • Cooking class • Udaipur city tour • Sunrise temple trek • Taj Mahal entry • Lunch in a palace • Wildlife Safari • Ranthambore National Park • Sunset boat trip • Pink Palace tour \bullet Jeep ride to the Fort \bullet Visit Fatehpur Sikri \bullet Sigiriya Rock • Train to Ella • Little Adams Peak • Elephant Safari • Dambulla Cave temple • Golden Buddha temple • Local farming village dinner • Tea Plantation • Nine Arch bridge



ACCOMMODATION

22 Nights Twin shares Glamping



20 x Breakfast 4 x Lunch 6 x Dinner



TRU EXCLUSIVE

Royal Palace lunch & traditional meal with local village



NEGOMBO

ELLA UDAWALAWE

DEPARTURES PER MONTH







DAY 1-3

Jump straight into your adventure! Delhi is a bustling, lively city with so much to see! We'll explore this city with a walking tour guided by the Salaam Baalak Trust, a non-profit organisation for street children in Delhi. Next up is Udaipur where we'll indulge in a relaxing afternoon before heading out on a sunset cruise on the tranquil waters of Lake Pichola.

DAY 14-16

Touchdown in Sri Lanka! Check in and relax before we head to the mountains to explore the local culture, history and heritage and of course trek to the top of the famous Lion Rock! As night falls, we're heading to a beautiful, authentic, local farming village to experience an authentic Sri Lankan meal.

DAY 4-6

Dive into Udaipur's rich history and architectural wonders before getting far away from the hustle and bustle of the big cities and heading for some calm. In Pushkar we'll visit Savitri Mata Temple at sunrise and make the most of the Harmonious surroundings, with a dip in the pool, having a drink or two and enjoying a traditional dinner!

DAY 17-18

We'll get another taste of the rich history of Sri Lanka as we travel to Kandy to visit the Temple of the Tooth! Fancy a cuppa? Well you will do when you visit a local tea plantation and a family-run cooking class too! Belly full, heart full. Perfect, it's time to have your breath taken away on the epic Kandy - Ella train journey - it's stunning!

DAY 7-9

Things are about to get spicyyy! In more ways than one! With cooking classes and a the option of catching a Bollywood movie, we're living our best life. We'll also explore Jaipur's beautiful architecture and The Pink Palace! Next stop.. Ranthambore National Park to unleash our wild side with a day learning about tiger conservation.

DAY 19-20

We're heading to one of the best views in Ella. Enjoy a short climb up Little Adams Peak for a stunning view of Ella Gap. That's right, beautiful waterfalls, stunning backdrops and unreal vibes! But wait, there's more, the bucket list moments don't stop there as we head off on Safari and a night glamping under the stars!

DAY 10-13

Get those binoculars out, we're off to see the local wildlife! Spot elephants, tigers and so much more on this incredible safari adventure. Afterwards we travel to Agra to have lunch at a palace. Yep, we're fancy. Get ready to end our incredible India adventure with an amazing sunrise trip to the iconic Taj Mahal!

DAY 21-23

Our final few days are spent by the beach! Soak up some Vitamin D. have a swim in the sea and enjoy the simple pleasures and beauty of the Sri Lankan shore. What a life! It's not a TruTravels trip without an epic last night out, so we're going big BIG. Delicious cuisine, colourful cocktails and a visit to the best beach bars in town.



Borneo is one of the most biodiverse places on the planet! Join us as we take you on an adventure of a lifetime! You'll be getting up close to Orangutans in their natural habitat, exploring local villages and trekking (or shall we say chasing) some unreal waterfalls. To top it off, the trip ends with an open water PADI diving course, you'll be a pro by the end of the tour. If you're looking for adventure and wildlife, well, you were BORN for this Borneo adventure (sorry, not sorry).

WHAT'S INCLUDED

Mari Mari Cultural Village • Orangutan Rehabilitation Centre • Sun Bear Rehabilitation Centre • Kinabatangan River safari • Gomantong Caves • Kundasang War Memorial • Langanan Waterfall trek • Hot springs • Canopy Walkway • Mount Kinabalu's tree tops • Snorkel safari



ACCOMMODATION

8 Nights Twin Shares Private Dorms



MEALS

3 x Breakfast 2 x Lunch 1 x Dinner



TRU EXCLUSIVE

Kinabatangan River Safari

BORNEO & BELOW EXTENSION

FROM \$4055

Can't get enough of Borneo? Well our Borneo & Below trip takes all the best parts from the Borneo Adventure and tops things off with an open water PADI diving course. What better place to gain experience in the underwater world than one of the most sought after diving spots on the planet, Gaya Island! Expect to see snappers, angelfish, clownfish, reef tip sharks and maybe some turtles if you're lucky! Scuba diving? Completed it mate!



DEPARTURES PER MONTH









DAY 1-2

Your Borneo adventure has officially started! We'll meet for a welcome dinner in Kota Kinabalu city, followed by some sunset drinks by the waterfront. The next day we'll immerse ourselves in the Mari Mari village culture. You'll meet members of the five main tribes of Sabah while learning all about their daily life and traditions.

DAY 6

We're off hiking as we explore Mount Kinabalu's treetops. If you're feeling up for a challenge we'll go on a 3.5km trek to reach the highest waterfall in Sabah, but trust us, it's so worth it. It's time for the ultimate relaxation session at the mineral-infused hot springs, your muscles can thank you later! Ahhh, sounds dreamy right?

DAY 3

Visit the gentle orange giants in the Sepilok Rehabilitation Centre. Here they focus on rehabilitating orangutans so that they can be released back into the wild eventually - it is a Tru-ly incredible place! We then head back to the jungle resort where you can chill with your TruFam or gush over the wonderful friends we made earlier today.

DAY 7

Get ready to relax! It's only right for us to have a day to chill and enjoy our surroundings. Check out the local markets and get those taste buds tingling with some local food, treat yourself to a massage or just catch the sunset with a cocktail in your hand! It's up to you!

DAY 4

Did someone say Tru Exclusive? Yup, we're going on a Kinabatangan river safari! Get those cameras all charged up and ready to go because you're in for a treat! During the river safari, see what beautiful wildlife Borneo has to offer and try spotting any orangutans, pygmy elephants, crocodiles, proboscis monkeys and the myriads of birds.

DAY 8

Divers paradise is calling! Borneo is known for its unique and unforgettable marine life, as well as some 10/10 scuba diving. We'll head to Gaya island by speed boat, where we will spend our day either snorkelling or trying out diving for the first time, take your pick! It's going to be incredible!

DAY 5

We're off to the Kinabatangan river once again to see what wildlife we can spot as some are more active in the morning! We will also visit the Kundasang war memorial and gardens. Once we've immersed ourselves in Borneo's history, it's time to sample some local rice wines and feast at the nearby market to experience the local way of life!

DAY 9

All good things must come to an end, which means it's time to love and leave Borneo after an epic 9 days! We're in one of the best spots in Borneo, so hang around town or explore marine life more with some extra dives. Whatever you do, don't forget us. Your Travel Ninja is on hand for any onward travel plans you have!



Idyllic islands, glistening white sandy beaches, aqua blue waters, secluded turquoise lagoons. The Maldives is a beautiful location and we can't wait to show you! How to explore? Well 8 days sailing the seas on a 90ft boat sounds a-boat right! Exceptional white sandy beaches, crystal clear waters, jaw dropping untouched marine life, are just a few things that you'll experience whilst in the Maldives. Swim alongside manta rays, marvel at nurse sharks up close, spot wild dolphins, throw some shapes partying on the beach and give back to the local community with a beach clean up.

WHAT'S INCLUDED

Island Hopping • Shipwreck dive (subject to weather) • BBQ dinner • Sandbank party • Line fishing • Island Walking tours • Mosque visit • Turtle snorkelling



ACCOMMODATION

7 Nights Twin Share Cabins Double Bed Cabins



MEALS

7 x Breakfast 6 x Lunch 7 x Dinner



TRU EXCLUSIVE

Sandbank party





000

MALÉ

EMBUDU

GULHI

FULIDHOO

0

HULHUMALE

GURAIDHOO

VAAVU ATOLL

FELIDHOO







DAY 1

You've arrived in paradise! Settle in and relax; it's going to be magical. We'll meet up for a welcome dinner to get to know your fellow sailors & TruTravellers who you'll be spending the next 8 days with. The evening is young, so after some delicious dinner, we head to the beach to watch the sun set and the moon rise.

DAY 5

We continue our cruise through Vaavu Atoll, so sit back and relax. We might even spot some Nurse Sharks along the way! Late afternoon we'll head to the local island of Fulidhoo for traditional 'hedika' - delicious Maldivian savoury & sweet snacks. Later in the evening, get ready to experience a world-famous Maldives sunset.

DAY 2

Put those sunnies on, sit back and relax as you watch the beauty of the Maldives pass you by. We drop anchor, grab a snorkel and jump in and explore some of the most stunning marine life in the world. Explore the local island of Guraidhoo & immerse ourselves in local life. We'll visit a mosque & get to know some of the locals too!

DAY 6

Explore the turquoise waters as we swim with turtles! Head underwater and experience the diverse marine life and colourful coral reefs and fish. Before the sun sets, we head ashore to the local island of Gulhi. We visit the boatyard and get to know the locals, immersing ourselves in local culture and history by learning their stories.

DAY 3

We're cruising across into Vaavu Atoll! On the way, keep an eye out for the ocean's majestic giants.. Manta Rays! We'll head to the southern part of Vaavu Atoll to a picture-perfect sandbank. Swim, snorkel, lay on the golden sandy beach, whatever floats your boat. In the evening, we enjoy a private beach dinner BBQ, castaway style!

DAY 7

Dive down and swim amongst the rainbow fish and see the vibrant and tranquil marine life. Snorkelling has you working up an appetite, so we'll grab lunch on board before cruising to Hulhumale. In the evening, we have a farewell dinner on board! Celebrate your last night aboard by partying on deck and hugging your brand new TruFam uncontrollably.

DAY 4

Sea-ze the day! We're sailing to Felidhoo for a snorkelling extravaganza. Head underwater into the diverse marine life and multi-coloured coral reefs. We then head to a secluded sandbank ready to dance the night away. Feel the sand between your toes and the cool crisp taste of that first beer hitting your lips; perfection!

DAY 8

It's time to bid farewell, goodbye, adios, dhanee! We have one last delicious breakfast on board before checking out. It's been a wild, crazy, unbelievable 8 days in tropical exotic ocean bliss, and we hate to say goodbye. Luckily, your Travel Ninja is on hand to help with any onward plans you may have if you don't want to leave just yet!



Say Konnichiwa to 12 legendary, life-changing, mind-blowing culture-rich days ahead! Marvel at world-famous temples and neon streets in Tokyo, get your taste bud's tingling as you slice and dice in a sushi-making class and watch your jaw drop as we walk Osaka's famous castle walls. Walk through the magical emerald bamboo forest in Kyoto and sip Japan's famous spirit Sake from a local brewery. From pirate ship sailing to stunning Mount Fuji views, visits to picturesque Kinkaku-Ji golden temple and famous Senso-Ji. You'll be saying Arigato Tru for the best 12 days of your life.

WHAT'S INCLUDED

Meiji Shrine & walking tour • Senso-Ji temple • Sushi class • Dotonburi Neon District • Osaka Castle • Koyasan temple stay & cemetery tour • Morning prayer & fire ceremony • Gion Geisha District • Tea ceremony • Kinkaku-Ji Golden Temple • Arashiyama Bamboo Forest • Fushimi-Inari Red Temple • Sake Brewery tasting • Kendo samurai class • Ropeway cablecar • Mt. Fuji Viewpoint • Pirate ship cruise • Farewell party



ACCOMMODATION

11 Nights Private Dorms Traditional Temple Stav with Tatami Mats



1 x Breakfast 1 x Lunch 1 x Dinne



BUCKET LIST

Traditional Temple Stay

USEFUL JAPANESE PHRASES

Hello - Konnichiwa

Thank you - Arigatou Gozaimasu

How much? - Ikura

Excuse me - Sumimasen

Please - Kudasai





DEPARTURES PER MONTH









DAY 1-2

Our first few days consist of exploring the jaw-dropping architecture and rich history that Tokyo has to offer with a visit to the ancient Meiji Shrine. We'll also head to the world-famous Senso-Ji temple, Tokyo's oldest temple, and marvel at the mirage of bright red architecture surrounding us, then it's a night on the town! C'mon, go big or go home right?

DAY 7-8

Our next stop is Kyoto! Before we leave we'll watch a traditional fire ceremony. Once in Kyoto we'll visit Gion, Kyoto's famous geisha district. The next day we'll visit the gold leaf covered Kinkaku-Ji Golden Temple and scenic bamboo forest! We walk the tranquil, worldly walkway through the soaring bamboo grove and take in the magnificent scenes.

DAY 3

Let's cook up a storm! We'll head to a local cookery class where we'll learn how to finesse the art of sushi making. Trust us; it's harder than you think. Every good chef must taste their work, so lunch will be a selection of our best dishes. In the evening, we'll head out for dinner and drinks and see where the buzzing nightlife takes us!

DAY 9

We're diving deep into the Tru Japan as we head to Kyoto's famous temple of red gates - Fushimi-Inari. We'll then head to a local brewery to taste Sake and learn how it's made. Next stop - the main event.. a Kendo class! Connect your mind, body and soul, and learn what it really takes to be a Samurai

DAY 4-5

We're off to Osaka! Catch the bullet train and spend the morning zooming through the scenic views. When we arrive we'll head to neon street. We'll take a walk and explore this sensational city and learn the story behind it. In the evening, we'll hit the town! The next day is spent exploring Osaka and its beautiful castle.

DAY 10

We're heading for views on views on views. We take the ropeway cable cart for panoramic scenic views of Lake Kawaguchiko and Mount Fuji. Mount Fuji is one of the most notable symbols of Japan, and boy, is it stunning! The views are breathtaking, covered with glistening white snow and lined with misty clouds.

DAY 6

Next up is Koyasan! Tonight we're staying in a traditional Japanese temple. We said this trip would be legendary. Immerse yourself in the local culture and the temple's rules for a Tru-ly authentic experience! In the evening, things get spooky! We're taking a walking tour of the oldest cemetery in Japan!

DAY 11-12

Let's go back to where the magic started. Tokyo baby! The afternoon is free to explore as we please before we get ready for one last night on the town! Did someone say Karaoke Party?! All good things must come to an end but your Travel Ninja is on hand if you're still looking to explore and sightsee across this incredible country.



Whitsunday sailing • Snorkel the Great Barrier Reef • Fraser Island adventure • Spot X surf lessons • Kangaroo trek • Whitehaven beach • Boat trip • Sunset sail to Airlie Beach • Rainforest Walk • Kayaking Byron Bay • Noosa \bullet Everglades boat trip and canoeing \bullet Aboriginal Bush tour at the Royal Botanic Garden • Visit to Bondi Beach Brisbane orientation walk • Felons brewery visit • Everglades Eco-brewery



ACCOMMODATION

15 Nights Private Dorms



MEALS

3 x Breakfast 4 x Lunches 3 x Dinners



BUCKET LIST

Snorkelling the Great Barrier Reef





DEPARTURES PER MONTH









DAY 1-3

Welcome to the East Coast! Are you ready to start your Epic East Coast trip? We'll head out to explore Sydney hitting all the major spots. Of course we will spend time on the world famous Bondi Beach and catch some rays! Then we're off to Spot X to become surfers ourselves

DAY 9

Today is a bucket list moment because we're exploring the Noosa Everglades! This experience will be like no other. We'll glide through the 'River of Mirrors' and jump into a canoe and paddle along the sparkling water and jaw dropping emerald everglades. Also, in true Tru style, (excuse the pun), we're quenching our thirst by sampling the beer from the local eco brewery

DAY 4-5

Surf's Up for our full day at Spot X, with an early start to catch the morning swells, we head out for an epic session! Shaka's at the ready, you're going to be riding some waves! We're also jumping over to Byron Bay where you may spot dolphins and whales. We'll end the day with a delicious dinner with a side of Australian nightlife.

DAY 10-11

It's an early start today because Fraser Island is the next stop! We'll have a scenic drive through the Toolara State Forest and Cooloola National Park before having a quick stop at Rainbow Beach. When we arrive we're going straight to Lake McKenzie where there will be plenty of time for swimming and eating a 'Aussie Bush Style' picnic lunch. Before you know it, we'll be in Brisbane experiencing the thriving art scene and live music.

DAY 6-7

Today we'll have a nice chilled morning laying in the sun before heading out. We'll check out the famous 23 metre lighthouse built in 1901. If you've got a head for heights, you can climb this and soak in the panoramic views. The next day we'll take a private bus to Surfers Paradise. Once you've explored the pristine beaches, get your glad rags on because we're going OUT OUT!

DAY 12-13

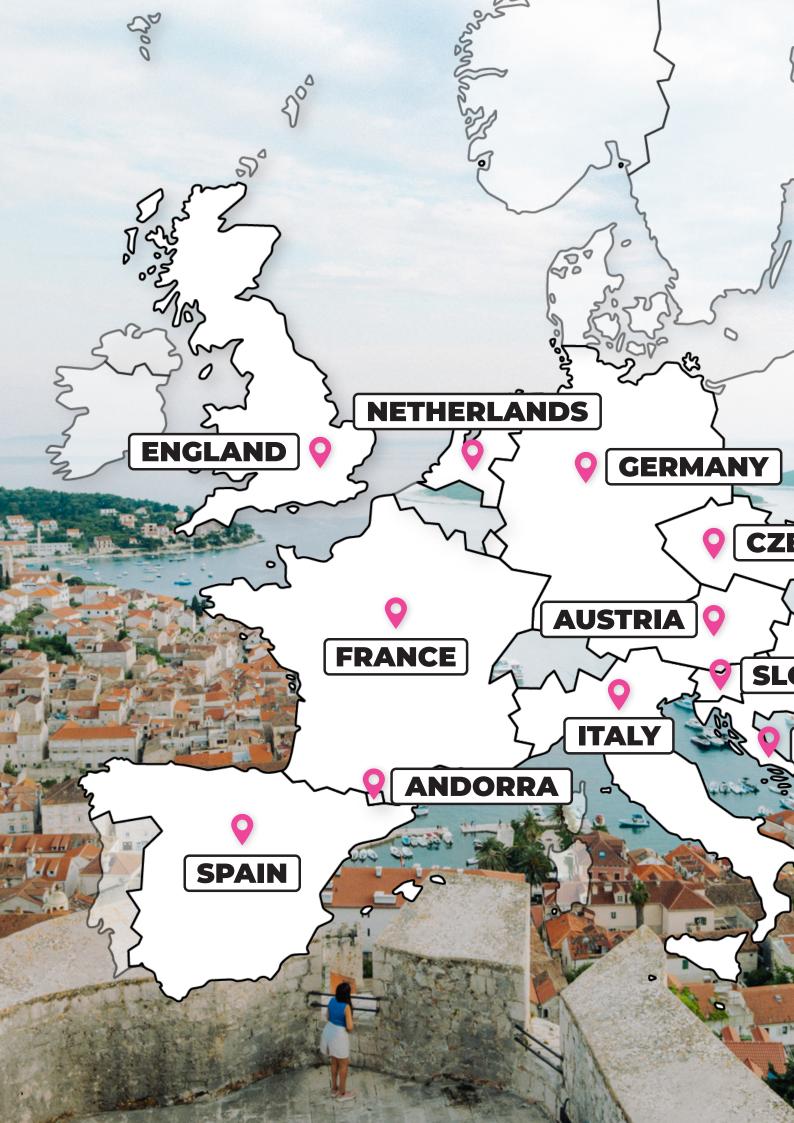
Today, we go to Felons Brewery and sample their beer, if there's one thing we love to do at Tru, it's sample beer! We'll end the day with dinner, experience the nightlife and get the cocktails in. In the morning we'll catch a flight to Proserpine, make sure to look out the window to see the Great Barrier Reef! This will be our last location for the next three nights so make the most of it!

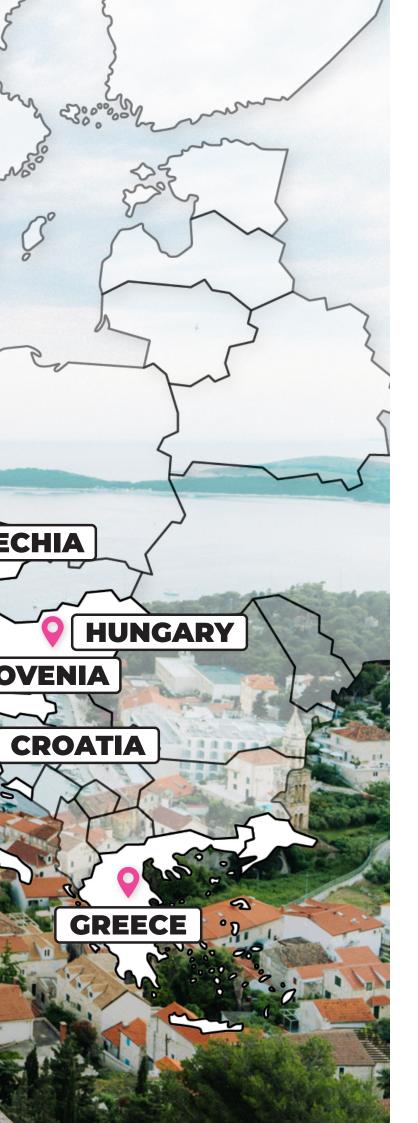
DAY 8

After recovering from last night (a lie in is definitely needed!), we're travelling to Noosa. It's the hottest spot on this Australian adventure and it's easy to see why. Beautiful scenery, swimming, fishing, cafes, markets and local wildlife! We'll explore the turquoise waters and end in the centre where we'll all grab some grub.

DAY 14-16

The next three days will be jam packed! We'll dive around different parts of the Great Barrier Reef where you might even see whales and end with a BYOB boat party. The next day we'll uncover some of Whitsunday Islands secret spots and witness the most incredible variety of marine life. This evening will be the last evening so it's time for dinner, drinks and dancing. We'll say our goodbyes (no tears!) and cherish the epic memories made on this Aussie adventure.





EUROPE*

- Croatia Sailing Adventure
- Greece Island Hopper
- Europe Rail
- Andorra Ski & Après











Hvar island views & beach clubs • Kayak/ Bike Mijet National Park • UNESCO world heritage site Dubrovnik • Dubrovnik walls • Island Hopping • Swimming Stops • TruFloatilla Party • Visit Famous • Brac Island Beach • Split Walking Tour



ACCOMMODATION

7 Nights Twin Share Cabins

MFAIS

7 x Breakfast 5 x Lunch 3 x Dinner

€

TRU EXCLUSIVE

TruFloatilla, our very own boat party



DEPARTURES PER MONTH







DAY 1

Welcome to Split, where we begin the start of our epic adventure. We're heading straight to our very own sailboat that you'll call home for the next 8 days! We'll explore the city and dine on board for the very first time with the TruFam and our new fellow sailors.

DAY 2

We've reached Hvar, one of the most stunning islands in the whole of Croatia. Today, we're hiking! We'll take you up to the Spanish Fortress that overlooks the terracotta rooftops and the crystal clear waters before heading to the famous beach clubs and heading OUT OUT in the evening!

DAY 3

In the morning we cruise towards Mljet National Park where we'll explore the scenic beauty of the crystal-clear waters and emerald forests by Kayak or bike, whatever you fancy. We end the day with an optional 4-course captain's dinner hosted by your TruFam.

DAY 4

We dock up in Dubrovnik, a UNESCO World Heritage Site. We'll visit the famous walls together, explore the city and enjoy a free afternoon to do whatever you fancy. We'll even treat you to a free city pass for the day that includes entry to museums and so much more!

DAY 5

Wake up and Seas the day! We've reached Korcula. Spend the day exploring the town and its beautiful culture and in the evening we're wine tasting! We'll sample local Croatian white wine, rose wine and red wine and learn how these delicious drinks are made!

DAY 6

Did somebody say Floatilla party?! Today we head to our next spot and live our ultimate summer dream in Makarska. On the way we'll pop a Prosecco bottle or two, grab the inflatables and host our very own boat party! Sounds like a dream right?

DAY 7

Welcome to Brač island for our last full day together! Spend the day tanning away, stopping at a beautiful beach and enjoying the views one last time as we set sail for Split. We'll head out for a walking tour of the city and for one last farewell dinner. It's going to be a good one!

DAY 8

The day we've all been dreading. It's time to say our goodbyes. We'll have a chilled morning, reminisce on the crazy memories we've made this week before checking out. Your Travel Ninja is on hand for any onward travel plans you may have. Until next time!



Athens walking tour • Acropolis
Parthenon • Mykonos Old Town tour •
Mykonos beach clubs • Ios pub crawl •
Ios boat trip • Santorini wine tasting • Oia
sunset view



ACCOMMODATION

8 Nights Twin Shares Private Dorms

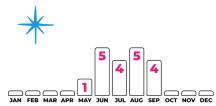


MEAIS

1 x Breakfast 1 x Lunch 2 x Dinner

TRU EXCLUSIVE

Prosecco Picnic on a secluded beach in los.











DAY 1-2

DAY 6

Welcome to Athens! We have a chilled first couple of days exploring the city by foot. We take a walking tour to explore Athens' hidden gems and cultural hotspots, a sightseeing experience showing you the real Tru Greece before heading to the ancient Acropolis Parthenon. In the evening we enjoy a local Greek dinner. Yamas!

DAY 7

DAY 3

Today we have the ultimate TruExclusive for you! We'll jump on a small boat and head to a secluded beach where we'll relax and enjoy a Prosecco picnic. On the way, we'll stop off to see some hidden caves, snorkel amongst a shipwreck and cool off in the crystal clear waters.

away at the beach and Tru-ly living our best lives. Is this paradise? Well yes, quite literally it is.

We're off to Mykonos, where we'll stay at

Paradise Beach Club for the next 2 nights.

Our day today will consist of sipping

cocktails, dancing the day and night

It's a jam packed day! In the morning, we'll catch the ferry to Santorini where we stay in the beach-front area of Perissa. Once settled, we get glammed up for an evening of wine tasting. We'll watch the sun go down and check out Fira's lively nightlife.

DAY 4

Rise and Shine! After a chilled morning and a glorious breakfast, we head into Mykonos old town. You've seen the pictures, white cobbled streets, stunning white washed windmills and blue top domes. It's an instagrammer's dream. We grab dinner and see where the night takes us!

DAY 5

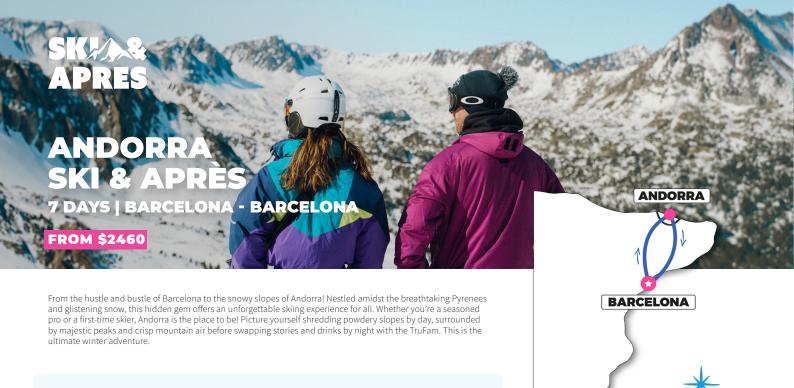
We're off to the famous island of los! Once checked in, the day is yours to explore! Chill by the beach or the pool and relax before we freshen up and head to los town for the most epic bar crawl! It's time to let loose, so dance on the tables and party till the sun comes up. We know you want to.

DAY 8

Chill by the pool, visit the famous black beach or take a walk to the Ancient Thira ruins, the day is yours to explore. In the afternoon we head to Oia to watch the most stunning sunset before enjoying our last supper together and heading OUT OUT!

DAY 9

All good things must come to an end, and after 9 days it's time to say goodbye. It's checkout day. We'll miss you, just like you'll miss us. Your Travel Ninja is on hand for any help with onward travel plans or if you're staying on in Greece longer and need some advice!



Skiing & all the essentials included

Barcelona night out

Après ski

Snow Tubing



ACCOMMODATION

6 Nights Twin Shares Private Hostel Rooms



MEALS 6 x Breakfast

6 x Breakfast 5 x Dinner



BUCKET LIST

City & Snow. Get your skiing fix and also see the amazing city of Barcelona.



DEPARTURES PER MONTH







DAY 1

Barcelona baby! Welcome to the city of dreams where we'll begin the most epic adventure. Spend the day settling in, exploring and checking out the famous hotspots around. It's our first and last night in this vibrant city and we're going out with a bang.

DAY 2

Welcome to Andorra. Once checked in and settled, we head straight out to get our ski gear fitted ready to hit the slopes first thing in the morning. We'll explore the town, grab those last minute essentials and head back to the hotel for some dinner. It's a feast, trust us!

DAY 3

Rise and shine! Today's the day we finally hit the slopes. We grab our gear and head out for our first day of skiing. Whether you're in for a day of lessons or heading straight up the mountain, you're in for an incredible day! In the afternoon, we'll meet up for some well deserved dinner and après ski!

DAY 4

It's time to wake up, grab some breakfast and reminisce on our epic first day in Andorra. Strap on your ski boots and pole-ish your skills, cause it's time to hit the lifts once again! The afternoon is yours to enjoy, whatever the mood, there's an option for you.

DAY 5

Did someone say snow tubing? Yes that's right! Today we take a little break from the slopes and get gliding! We'll grab some lunch and pick up where we left off. In the evening we'll grab some dinner and dance the night away at one of our favourite bars, 'Mojito'.

DAY 6

It's our last day in Andorra and you best believe it's going to be EPIC! We'll meet for breakfast before hitting the slopes for one last time. We'll end the day on a high with an Aperol or two in hand, reminiscing on all the fun we've had this week and heading to the bars for a final fiesta!

DAY 7

It's time to wave ski ya later to Andorra. We grab breakfast one last time before hitting the road on our private coach and making our way back to Barcelona. The last 7 days have been unreal... Andorra, you have a piste of our hearts!

SKI LESSONS

Ski lessons are not included in the price of the tour but can be added on for an extra cost. The price is \$379 per person for 3 days of lessons, 2 hours per day. The lessons will be for small groups and you will be learning with other TruTravellers. and you'll be a pro in no time.



Montmartre walking tour • See the Eiffel Tower • Amsterdam Red Light District • Amsterdam pub crawl • Amsterdam Underground walking tour • Boozy canal cruise • Berlin walking tour • East Side Gallery • Prague Castle & visit to the Old Town • Szechenyi thermal baths

away, Tru-ly experience it all! Europe, let's do this!

 Budapest orientation walk • Ruin Bar crawl • Budapest at night cruise • Chocolate making • Lake Bled viewpoint

• Cycle around Lake Bled • Venice Gondola ride

ACCOMMODATION

19 Nights Private Dorms

11 x Breakfast

TRU EXCLUSIVE

Tick off 9 countries in one trip

WHY TRAVEL BY TRAIN?

Comfortable seats and ever changing scenery are just two benefits of travelling by train. Most important to us, trains are a more environmentally friendly way of seeing new places!



DEPARTURES PER MONTH













DAY 1-3

From Hello to Bonjour these first few days take you from the historic streets of London to Paris - the capital of love! We'll spend our days being Tru tourists, marvel at the Eiffel Tower, grab a croissant and go on a walking tour of Montmartre. This quarter of Paris is beautiful and home to so many iconic Instagram spots, get your cameras ready!

DAY 10-12

It's time for Budapest! This city is full of rich culture, underground caves and a beautiful parliament building (seriously, google it!) We will visit the Szechenyi thermal baths to relax before the famous ruin bar crawl in the evening. It's only right we see Berlin at night so we join a night time boat cruise to see beautiful Budapest all lit up!

DAY 4-5

Next up is Amsterdam! We'll visit the infamous red-light district and go on a pub crawl around the city. After seeing the very famous parts of Amsterdam, it's time to learn some history as we head on 'underground tour' showing us the city from a different perspective, a very eye-opening experience. We will end our time here with a boozy canal cruise - beer anyone?

DAY 13-14

Vienna is calling! This stunning city is filled with incredible architecture, great food and is home to so many incredible musicians. We'll take you chocolate making where you'll learn the secret to silky smooth Venetian chocolate before hitting up some bars to make the most of our final night in Austria.

DAY 6-7

Willkommen! After travelling to Berlin we will explore the city's rich history and enjoy the vibrant cultural scene. Grab a Currywurst and join us on a walking tour with a local guide - learn about the city's past and visit what remains of the Berlin wall at the open-air East Side Gallery.

DAY 15-16

Next up is Ljubljana! This Slovenian part of the tour will take us to Lake Bled! We'll enjoy the incredible views and take part in some seasonal activities. Take a morning cycle around the lake and spend the afternoon doing some as you please, from rafting to kayaking, Lake Bled has everything you need for a super active afternoon with out of this world views.

DAY 8-9

We're off to Prague! Here we will walk around the Old Town and explore Prague Castle. Prague is famous for cheap pints so it would be rude not to visit a beer garden and spend the afternoon relaxing and reminiscing about the trip so far! We'll also experience some of Prague's best nightlife - get your dancing shoes

DAY 17-20

Next stop is romance central... It's Venice! Grab an Aperol and walk over Rialto Bridge, oh and of course jump on a gondola, you're in Venice after all. We carry on our Italian adventure as we head to the global capital of fashion and design. Milan! We'll wander around to the Duomo di Milano and embrace aperitivo culture! All good things must come to an end, Europe you've been incredible. It's a chilled checkout and ciao from us!





LATIN * AMERICA

- Colombia Uncovered
- Costa Rica Adventure
- Mexico Yucatán Experience
- Peru Inca Adventure











Medellin City Tour • Comuna 13 Street Art • El Peñol Rock climb • Flight to Santa Marta • Guatapé & local coffee farm • Minca jungle • Marinka waterfalls & Viewpoints • Sierra Minca • Transfer to Rio Hostel Buritaca • River tubing • Transfer to private island • Isla Luna Island getaway • Snorkelling adventure • Cartagena Old Town



ACCOMMODATION

11 Nights Twin Shares Dorms



MEALS 3 x Breakfast

ist



BUCKET LIST

Minca jungle



DEPARTURES PER MONTH 💠







DAY 1-2

¡Bienvenidos! Welcome to Colombia! Over the next couple of days we will learn about Colombian culture and explore the city of Medellin. Discover the transformation of the notorious Comuna 13 and try some famous Colombia beverages - well, it would be rude not to!

DAY 7-8

Bikinis and Budgie smugglers at the ready and grab a rubber ring! We're going tubing down the river, splashing away until we reach the beach. An incredible once in a lifetime experience. Enjoy a day by the water before we head to our next stop, Cartagena!

DAY 3

Start the day by climbing 650 stairs up to El Peñol Rock. Trust us, The view from the top is next level! Then, head to Guatapé, Colombia's most colourful town and the perfect opportunity to grab those long awaited gram pictures, you're welcome. Next stop, coffee! We'll head to a local coffee farm to learn about the harvesting of the beans and the local way of life.

DAY 9

Some say today is the highlight of the trip, but we'll let you be the judge of that! Today we'll jump aboard a boat and head for Isla Barú, an island paradise just 1 hour away from Cartagena! Spend the rest of the day as you please, go hiking, swimming or perhaps kayaking. Sit back, relax and take in that pinch me moment, yes, you really are in paradise.

DAY 4

Today we swap city life for the jungle! We'll catch a flight to Santa Marta, our home for the next few nights. We stay at a funky quirky hostel, so spend some time chilling by the pool, relaxing before getting ready for a Tru-ly great night out - the atmosphere is pretty lively so it'll be an epic one!

DAY 10

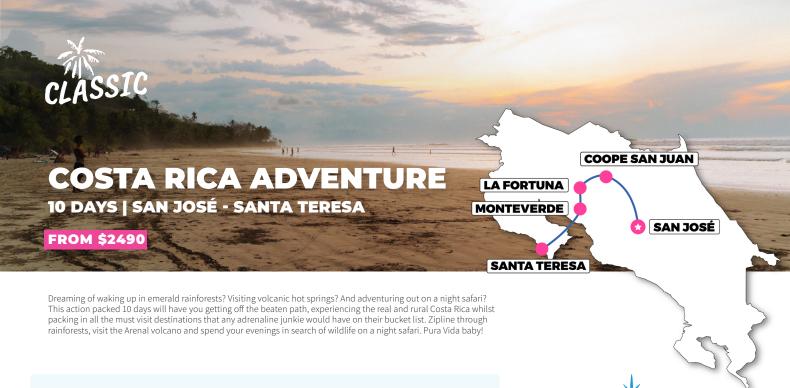
Today we head off the beaten path on our very own private boat for a crystal clear Caribbean snorkelling experience! Masks at the ready! Take in the sparkling blue waters and the diverse marine life as we spend today swimming alongside the incredible reefs. The waters warm, the sun is shining, nothing but good vibes and good company.

DAY 5-6

Today we jump aboard Jeeps for the day and head deep into the Colombian Jungle to Minca. Wildlife, waterfalls and one amazing experience is on the cards! Jungle life at its finest. We head to the refreshing waters of Rio Buritaca. Sip on a cocktail or two at the river bar and just take in your incredible surroundings.

DAY 11-12

We'll head back to the mainland and recharge those batteries before freshening up and heading out for our last night on the town together as a TruFam. Did someone say party bus? Cocktails and beers are calling! It's a chilled check out and time to say adios after an incredible 12 days together. It's not goodbye, it's see you later!



Local Homestay • Tractor ride in rural Costa Rica • Night Safari • Zip-lining in a cloud forest • El Salto Swimming Hole • Volcanic Hot Springs • Yoga class • Beach day • Waterfalls in Montezuma • Beach day trip in Montez



ACCOMMODATION

9 Nights Twin Shares 4 Red Room



MEALS

1 x Breakfast 1 x Lunch 2 x Dinner



BUCKET LISTCoope San Juan
homestay.



DEPARTURES PER MONTH







DAY 1-2

After meeting the TruFam and spending our first night together in San José as a group we'll head to Coope San Juan, a rural Costa Rican village off the beaten path where we will experience life just as the locals do. We will cook Costa Rican dishes, learn local games and watch the sun go down around a bonfire.

DAY 6

Ready to get your blood pumping? Today is all about ziplining! We're heading to Costa Rica's famous cloud forest for a day of zipping at speed. We'll zoom through the forest taking in the incredible surroundings and keeping a lookout for wildlife!

DAY 3

Today we head for La Fortuna - an adrenaline lover's playground! We'll head straight for the town's iconic volcanic hot springs. Picture this, waterslides, swim-up bars, waterfalls and restaurants that have you feeling like you've taken a wrong turn and found yourself at a luxury resort. Afterwards we head to see the town by night!

DAY 7

We've covered the culture, we've experienced nature, and now we've got our fill of adventure so there's only one thing left - the beach! Costa Rica is world-renowned for its beautiful coastline and world-class surfing, so today we head to our favourite beach town in the country, Santa Teresa.

DAY 4

Today is a full day dedicated to exploring La Fortuna and there certainly isn't a shortage of options. Whether your activity of choice is canyoneering, whitewater rafting, volcano hikes, ATVing, ziplining, rappelling, or something a lot more chilled, La Fortuna will not disappoint.

DAY 8-9

After chilling at the beach and embracing the 'Pura Vida' lifestyle with a yoga class, we'll grab transport over to Montezuma where we will grab lunch by the beach before going to see one of Costa Rica's iconic jungle waterfalls (and hopefully catch a glimpse of some howler monkeys!)

DAY 5

Monteverde is calling and the journey is a scenic one! Check in and get settled before heading out for a night safari later in the evening. The diversity of wildlife in Costa Rica is unmatched, and tonight we are going to get a first hand look! Cameras and head torches at the ready!

DAY 10

All good things must come to an end, we're not crying...you are. We're in one of the best spots in Costa Rica, so hang around town, check out Santa Teresa. Whatever you do, don't forget us. Your Travel Ninja is on hand for any onward travel plans you have!



the balance just right for young, fun, adventurous travellers. The beautiful Caribbean coastline, awe-inspiring freshwater Cenotes, 7 colour lagoons provide a sea lover's paradise. Whilst the ancient Mayan ruins of Chichen Itza, la fiesta in Merida and plenty of beach-side parties in Cancún and Tulum bring culture and of course lots of incredible nights out!

WHAT'S INCLUDED

Nightlife in Cancún • Isla Holbox • 3 Island boat trip • Merida orientation walk ullet Chichen Itza guided tour ulletCenote swim • Tequila tasting session • 3 Cenote day trip with bicycles • 7 Colour Lagoon party boat - Bacalar • Tulum ruins • Beaches of Tulum • Nightlife in Playa Del Carmen



ACCOMMODATION

10 Nights Twin Shares Private Dorms



BUCKET LIST

Chichen Itza, one of the new Seven Wonders of the World.



DEPARTURES PER MONTH









DAY 1

DAY 6

vou fancy!

Let's get this show on the road! Want to explore like a local? Wander over to Market 28, Plaza Las Americas, and Puerto Cancún to browse dozens of Mexican boutiques. In the evening, It's time for our welcome dinner where you can get to know your new TruTravellers over dinner and a few beers!

Rise and shine! We'll wave goodbye to

Merida and set off to Bacalar Lagoon,

arriving in the early afternoon. Spend

your time here either just chilling and

lounging on the sand, taking a kayak/

paddleboard out for a little exploring, or

just taking a nice refreshing dip. Whatever

DAY 7-8

DAY 2-3

Ready for the famous 7 Colour Lagoon? We will spend the day lagoon-hopping and immersing ourselves in insanely clear waters! These lagoons shimmer with different shades of turquoise, blue and deep indigo - it's magical! Then we are off to the quirky beachside town, Tulum, Vamos a La Plava!!

We are off to Holbox Island! It's a real

beach bars with live music and zero

stress. Isla Holbox is home to tropical

marine life, so make sure you jump in and explore! After a beach day, we'll jump

onto a boat to explore 3 UNREAL aquatic

piece of paradise, no cars, full of funky

DAY 4

We're off to one of the new Seven Wonders of the World, The Mayan site of Chichen Itza, a must-see when in Mexico! After marvelling at the site and ticking it off our bucket list, it's time to have a dip in Cenote Yokdzonot - Yucatan's most incredible natural swimming pool.

DAY 5

Venture slightly outside of Merida, and cycling between three stunning cenotes, with a spot of lunch along the way! Head back to Merida to chill out for a few hours, before it's time to get ready for our evening of tequila tasting! Cycling shoes off, dancing shoes ON!

DAY 9

Head to Tulum archaeological site in the Riviera Maya to explore the ancient Mayan ruins with the beautiful backdrop of the brightest of blue ocean and white sandy beach! It's Tru-ly one of a kind! The perfect mix of culture and endless beach vibes - what more could you want?!

DAY 10-11

Playa Del Carmen is a popular beach resort and our base for our final few days. Spend time relaxing on the beautiful beach, indulge in retail therapy or hit up a beach bar! Let's make the final night one to remember, or not to remember depending on how many tequilas you have but we don't judge!



Cusco insiders walking tour • Traditional ceramic workshop • Bar hopping in Cusco • Maras Salt Flats • Ollantaytambo viewpoint walk • Inca Trail 1-day trek • Inca train ride • Inca Trail permit



ACCOMMODATION

9 Nights Twin Shares Triple Shares



9 x Breakfast 4 x Lunch 1 x Dinner



BUCKET LIST

Machu Picchu, one of the most famous archaeological sites in South America



























DAY 1-2

Welcome to the start of an amazing Latin America adventure. Get your bearings with a tour of Cusco, dive deep into Peruvian culture and ignite your taste buds at the local food markets. We'll then head out for our first Tru night out! Did someone say Pisco sours?

DAY 3

Today we are immersing ourselves in culture and learning all about the local textile industry! After we've mastered the art of weaving...(Well, not quite) we head to a local pottery school to learn about traditional pottery making There's nothing like enjoying a day while supporting communities!

DAY 4

We're going full on adventure mode TruFam! Once we're in Ollantaytambo we'll hop on a mountain bike and ride in style down the mountain! 10/10 Scenery GOALS. After our adrenaline ride we will take the evening to relax and marvel at our incredible surroundings.

DAY 5

After a chilled morning, we'll walk up into the Ollantaytambo viewpoint where breathtaking mountains and historical ancient ruins surround us. We'll take some snaps, breathe the fresh air and pinch yourself that you're really here. The rest of the afternoon is free to spend as you please.

DAY 6

We're ticking one of the Seven Wonders of the World off of our bucket list! The journey there is an experience in itself. The train will take us alongside the Urubamba river, the snow capped mountains and small local villages. This hike is epic and takes us through some world-class scenery. Next stop Machu Picchu!

DAY 7

Today is a day you'll never forget! Up the winding road we'll reach the entrance of the Incan citadel Machu Picchu, one of the most famous archaeological sites in South America. We'll walk around the unreal ancient ruins, surrounded by lush greenery high in the Andes Mountains. Cameras at the ready!

DAY 8

It's been a big few days and we've worked up an appetite. How to fix this? Learn to cook some local delicious cuisine! We're trying our hand at slicing and dicing Peru's most tasty delicacies! In the evening we'll head out to explore more of the city of Cusco and of course it's nightlife!

DAY 9-10

Spend the full day trekking up the mountains and taking in the majestic scenery of the rainbow mountain with its magical layers of gold, lavender, red and turquoise. Then in the evening, after a great day exploring, we will have our last night, get those dancing shoes on! Pisco sours all night long!

